

Sample Questionnaire #2

Preparing for Student Learning Contract on *Unit 2: Self Image*

Instructions

Please give careful consideration to the following questions and write your answers on a separate sheet of paper. The purpose of these questions is to give you ideas on what to study in this contract.

Once you have completed your answers, you will meet with your teacher to plan your studies for the next few weeks. This is not a test—there are no right or wrong answers. We just want your honest feedback.

Questions for personal reflection

1. How did your parents encourage you as you grew up at home?
2. How did your parents and other close relatives discourage you as you grew up?
3. What was your parent's attitudes toward your grades in school?
4. What did your father say about your physical appearance?
5. How do you see yourself? How would you rate your physical beauty?
Rate yourself using a scale of 1 to 10, where one is ugly and ten is beautiful.
Put an "x" where you would rate yourself.

1 2 3 4 5 6 7 8 9 10

Explain the reasons why you rated your physical beauty with this number.

6. How do you think Jesus sees you? How would Jesus rate your physical beauty if He were here today? Using a scale of 1 to 10, where one is ugly and ten is beautiful, put an "x" where you think Jesus would rate your physical beauty.

1 2 3 4 5 6 7 8 9 10

Explain the reasons why you think Jesus would rate your physical beauty with this number.

Questions for personal reflection—*continued*

7. Who are the most important people in your life?
What did they think about you before you came into the Teen Challenge program?
8. How has your opinion of yourself changed since you came into Teen Challenge?
9. What kind of a person do you see yourself being five years from now?
10. How do you respond when people criticize you?
11. In what ways do people intimidate you?
12. What memories do you have of people putting you down?
How often did you have these kinds of experiences?
13. How do you feel inside when people put you down?
14. What other questions would you like to study in this contract related to your self image
(how you see yourself, how you feel about yourself)?