Teen Challenge Alumni Bible Studies

[www.TeenChallengeAlumni.com](http://www.TeenChallengeAlumni.com)

All of these Bible studies can be downloaded for free at the website above.

If you open this document and your computer is connected to the internet, you may be able to directly access these items by activating the hot link at the Lesson or Worksheet after each lesson title.

* **Lesson 1:** Accountability [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L01-Accountability_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L01-Accountability_b.pdf)
* **Lesson 2:** Sexual Integrity [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L02-Sexual-Integrity_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L02-Sexual-Integrity_b.pdf)
* **Lesson 3:** The Danger of Secrets [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L03-Danger-of-Secrets_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L03-Danger-of-Secrets_b.pdf)
* **Lesson 4:** Our Part, God's Part [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L04-Our-Part-Gods-Part_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L04-Our-Part-Gods-Part_b.pdf)
* **Lesson 5:** The Presence of God [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L05-The-Presence-of-God_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L05-The-Presence-of-God_b.pdf)
* **Lesson 6:** Tow the Line [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L06-Tow-the-Line_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L06-Tow-the-Line_b.pdf)
* **Lesson 7:** Battling Desires [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L07-Battling-Desires_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L07-Battling-Desires_b.pdf)
* **Lesson 8:** Forgiving Others [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L08-Forgiving-Others_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L08-Forgiving-Others_b.pdf)
* **Lesson 9:** The Busy Lie [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L09-The-Busy-Lie_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L09-The-Busy-Lie_b.pdf)
* **Lesson 10:** Finding Identity in Christ [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L10-Finding_Identity_in_Christ_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L10-Finding_Identity_in_Christ_b.pdf)
* **Lesson 11:** The Loving Hurt [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L11-The_Loving_Hurt_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L11-The_Loving_Hurt_b.pdf)
* **Lesson 12:** Worshipping in Truth [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L12-Worshiping_in_Truth_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L12-Worshiping_in_Truth_b.pdf)
* **Lesson 13:** Building Life Structures [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L13-Building_Life_Structure_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L13-Building_Life_Structure_b.pdf)
* **Lesson 14:** Joy vs. Pleasure [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L14-Joy_vs_Pleasure_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L14-Joy_vs_Pleasure_b.pdf)
* **Lesson 15:** Considering Others [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L15-Considering_Others_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L15-Considering_Others_b.pdf)
* **Lesson 16:** Triggers [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L16-Triggers_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L16-Triggers_b.pdf)
* **Lesson 17:** Dealing with Discouragement [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L17-Dealing_with_Discouragement_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L17-Dealing_with_Discouragement_b.pdf)
* **Lesson 18:** Suppression vs. Submission [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L18-Suppression_vs-Submission_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L18-Suppression_vs-Submission_b.pdf)
* **Lession 19:** Worshipping in the Spirit [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L19-Worshiping-in-Spirit_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L19-Worshiping_in_Spirit_b.pdf)
* **Lesson 20:** Stability vs. Rigidity [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L20-Stability_vs_Rigidity_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L20-Stability_vs_Rigidity_b.pdf)
* **Lesson 21:** Generosity [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L21-Generosity_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L21-Generosity_b.pdf)
* **Lesson 22:** Avoiding Criticizing [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L22-Avoid_Criticizing_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L22-Avoid_Criticizing_b.pdf)
* **Lesson 23:** Buddies in Sin [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L23-Buddies_in_Sin_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L23-Buddies_in_Sin_b.pdf)
* **Lesson 24:** Defeating Accusing Voices [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L24-Defeating_Accusing_Voices_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L24-Defeating_Accusing_Voices_b.pdf)
* **Lesson 25:** God's Will [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L25-Gods_Will_a_Revised.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L25-Gods_Will_b_Revised.pdf)
* **Lesson 26:** Battling Though in Worship [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L26-Battling_through_in_Worship_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L26-Battling_through_in_Worship_b.pdf)
* **Lesson 27:** Personal Testimony [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L27-Personal_Testimony_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L27-Personal_Testimony_b.pdf)
* **Lesson 28:** Gratitude [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L28-Gratitude_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L28-Gratitude_b.pdf)
* **Lesson 29:** Body Team Thinking [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L29-Body-Team_thinking_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L29-Body-Team_thinking_b.pdf)
* **Lesson 30:** Spiritual Pride [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L30-Spiritual_Pride_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L30-Spiritual_Pride_b.pdf)
* **Lesson 31:** Emotional Starvation [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L31-Emotional_Starvation_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L31-Emotional_Starvation_b.pdf)
* **Lesson 32:** Earthly Rewards [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L32-Earthly_Rewards_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L32-Earthly_Rewards_b.pdf)
* **Lesson 33:** Areas of Stability [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L33-Areas_of_Stability_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L33-Areas_of_Stability_b.pdf)
* **Lesson 34:** Play the Tape Out [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L34-Play_the_tape_out_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L34-Play_the_tape_out_b.pdf)
* **Lesson 35:** Relating to Women [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L35-Relating_to_Women_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L35-Relating_to_Women_b.pdf)
* **Lesson 36:** Steps to Relapse [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L36-Steps_to_Relapse_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L36-Steps_to_Relapse_b.pdf)
* **Lesson 37:** Growth in Failure [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L37-Growth_in_failure_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L37-Growth_in_failure_b.pdf)
* **Lesson 38:** Personal Devotions [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L38-Personal_Devotions_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L38-Personal_Devotions_b.pdf)
* **Lesson 39:** Priorities & Pruning [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L39-Priorities_and_Pruning_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L39-Priorities_and_Pruning_b.pdf)
* **Lesson 40:** Mind Hijackers [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L40-Mind_Hijackers_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L40-Mind_Hijackers_b.pdf)
* **Lesson 41:** Dealing with Confrontation [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L41-Dealing_with_Confrontation_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L41-Dealing_with_Confrontation_b.pdf)
* **Lesson 42:** Defensive Pride [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L42-Defensive_Pride_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L42-Defensive_Pride_b.pdf)
* **Lesson 43:** Handling Rejection [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L43-Handling_Rejection_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L43-Handling_Rejection_b.pdf)
* **Lesson 44:** Wanting vs. Obligation [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L44-Wanting_vs_Obligation_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L44-Wanting_vs_Obligation_b.pdf)
* **Lesson 45:** Living Free [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L45-Living_Free_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L45-Living_Free_b.pdf)
* **Lesson 46:** Resisting Condemnation [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L46-Resisting_Condemnation_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L46-Resisting_Condemnation_b.pdf)
* **Lesson 47:** Having Fun the Godly Way [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L47-Having_Fun_the_Godly_Way_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L47-Having_Fun_the_Godly_Way_b.pdf)
* **Lesson 48:** Overworking [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L48-Overworking_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L48-Overworking_b.pdf)
* **Lesson 49:** Encouraging Others [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L49-Encouraging_Others_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L49-Encouraging_Others_b.pdf)
* **Lesson 50:** Submission to Authority [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L50-Submission_to_authority_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L50-Submission_to_authority_b.pdf)
* **Lesson 51:** Choosing Relationships [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L51-Choosing_Relationships_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L51-Choosing_Relationships_b.pdf)
* **Lesson 52:** Associated with Sin [Lesson](http://teenchallengealumni.org/wp-content/uploads/2016/07/L52-Associated_with_Sin_a.pdf) [Worksheet](http://teenchallengealumni.org/wp-content/uploads/2016/07/L52-Associated_with_Sin_b.pdf)