

# All is Possible



## Life at Teen Challenge Uganda

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Our men are considered family to our staff. Unfortunately, we can only do so much for them out of the abundance that God gives us. Many of the men who come in here do not have the means to get their needs taken care of or just have some of the little extra things that are nice to have in life. Thank you for taking the time to



At the farm: Skill building and development towards self sustenance



At the home: making a nutritious meal is part of the curriculum

consider helping these men and for helping our **program. We can't do** any of this without the

love and the support of our community.

Our Core Objectives:

- Provide competent residential care at the in a 24-hour supervised and safe environment
- Sensitize and support family members of substance abusers through education and counseling with the goal of developing strong families
- Provide communities and schools with preventive education about Drugs and alcohol
- Offer Teen Challenge residents opportunity, through education, and to develop life skills

## Newton and Moses' Graduation

Congratulations to Newton and Moses as they take the next step of their journey. Both Newton and Moses completed the program 6 months ago, that is around June. They have

been clean ever since, that is why we saw it fit to graduate them. Moses was a primary school teacher. After the program, he got a local school in Kampala while Newton returned back

home in Kenya where he is pursuing his university degree in information technology. We give God the glory for changing **these men's lives.**

## Christmass Message

As we celebrate Christmass in the year of Jubilee, we at Teen Challenge would like to say thank you to all that have with love contributed to or cause. The staff and students have been blessed and feel the reason to go on in

life which now shows a meaning to some lives. Still as the year closes, the appeal goes out again...like the Bible calls us to pray unceasingly, we also call upon you to pray for us and

also call on your continued support.

We wish you a Merry Christmass and a prosperous 2013.



## Center Needs

- \* Kitchen/ store (outside for the men)
- \* Door mat/rugs- 5
- \* Carpets for the men's room
- \* Cooking stoves- both for fire wood & charcoal
- \* Cooking utensils- pots, plates, cups
- \* Beddings - mattress, mosquito nets, blankets, bed sheets, pillows
- \* Toiletries--soap, toothpaste, toilet paper
- \* Office furniture- tables and chairs
- \* Food- posho, beans, rice
- \* Stationery-pens, paper, books
- \* Electronics- flat iron, shaving machines, deep freezers
- \* Volunteers - teachers, counselors, encouragers
- \* Cleaning items-- brooms, detergents, brushes
- \* Buckets, basins, storage containers, jerry cans
- \* Students sponsorship

*Support in kind or in cash is welcome!!!!*

## Drugs and Narcotics in Uganda

The World Drug Report 2011 estimates that in 2009, between 149 and 272 million people, or 3.3% to 6.1% of the population aged 15-64 used



Teenagers & youth; the main target

illicit substances at least once in the previous year. About half that number is estimated to have been current drug users, that is, having used illicit drugs in the past month

One of the most severe

consequences of drug use is the spread of HIV and other blood borne disease such as Hepatitis B and C. Drug use, especially injecting drug use (IDU) is closely linked to HIV transmission through the sharing needles, but also in relationship to the risky behaviors of non-injecting drug users.

Alcohol consumption has had devastating effects on the social fabric of society and the burden is incomprehensible – the country has witnessed over 300 people die and over 40 people blinded in the last 2 years due to drinking adulterated alcohol

with methanol .

One area of concern is the unacceptably high incidence narcotics drug trafficking and abuse in the country. Even the alarming statistic of 79% increase in narcotic trafficking and consumption does not, adequately, capture the



grave danger our society faces, from the abuse of recreational drugs like marijuana, and or hard drugs like cocaine and heroin, according to Kayihura the Inspector General of Police.

## Much Gratitude

We want to take this opportunity to thank the team from Teen Challenge Pacific North West which was led by Dave Oliver. Thank you for all your contributions, the clothes and above all, sharing your lives with us.

It was such a transforming moment for all my staff and men in



The home is our reason for living an

Teen Challenge-Uganda. Thank you for coming down to our level to pick

us up. It was a life transforming work. We want to thank every member of the team for all the sacrifices and love.

Thank you for loving Uganda and the men in Teen Challenge. Life has never been the same again.

# Testimony

My name is Newton Mutisya. I am a born again and Christ is my personal Lord and Savior. I joined Teen Challenge Uganda last year in the month of June 2011 and I finished my Program this year in the month of June 2012.

Before I joined Teen Challenge, I was deep into alcoholism, smoking of bhang, cigarettes and chewing of khat. I started taking drugs back in the year 2006 and since then; they took control of me for 6 years. I became hopeless like a man without direction because I could not do without them. For 6 years, I was in chains of addiction. Drugs ruined my relationship with my parents and friends since nobody could trust me with anything. I could not even finish my

studies at the university because I could not do without drugs. I became a thief, a liar, a drunkard and a hypocrite just to get money. I suffered rejection and nobody wanted anything to do with me. I became an example of a waste life. These were the most difficult, hardest and painful moments of my life. I had reached rock bottom and I needed help.

Hopefully, my parents knew about Teen Challenge and they suggested for me to give it a try and I agreed to that, but just before I came to Teen Challenge, I knew in my heart how seriously I needed God's help for me to overcome my condition. So I decided to give my life to Jesus Christ a few days I came to Teen Challenge. Ever since I joined Teen Challenge, my life has completely changed. Teen Challenge taught me various things, i.e.



Newton at the home

diction. Gave me life skills through the work that we did.

Taught me how to manage my life.

Changed my character to be a better person.

Today as I stand in this place, God has delivered me from drug addiction, I am free and I live to be a living testimony that God changes people. I am a miracle, my life is a miracle. God did the impossible in my life; he can also do it for you. All the glory and honor belongs to Him. I am forever grateful and thankful to God. Remember, if he did it for me. He can also do it for you

I want to appreciate the pastors of Victory City Church, the Director of Teen Challenge, our very hard working and committed staff of Teen Challenge and all students. Thank you for your encouragement and support and may God bless you

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Primary Address  
P.O. Box 21247  
Kampala  
Uganda

Phone: +256 792 286658  
+256 712 325421

E-mail:  
admin@teenchallengeuganda.com

Were on the Web!  
[www.teenchallengeuganda.org](http://www.teenchallengeuganda.org)



*“All things are possible to those who believe”*

Mark 9:23



Outreaches are an important connection point to the Crisis Centers

Taught me God's principles.

Taught me God's love.

Taught me how to overcome drug ad-