

# What to do when Christian discipleship does not work

## The role of counseling

### *Notesheet with Answers*

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Do they want to change?

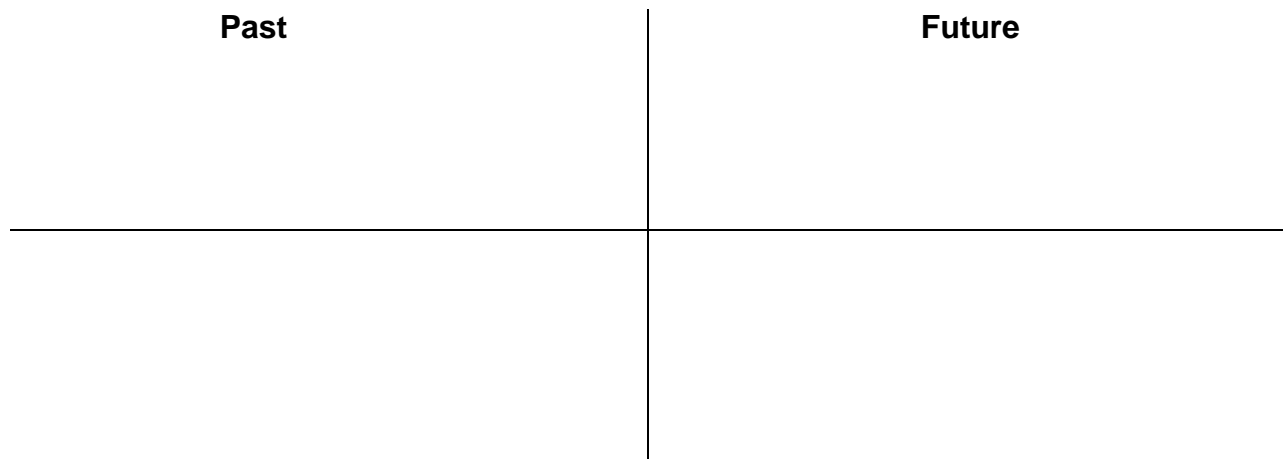
Some are desperate to get out of the immediate crisis, but unwilling to commit to the discipline of change.

--Bob Dunstan

## Part 1: Overview of causes why discipleship does not work

1. God wants us to work through problems, not run from them.
2. There may be temptations to sin put there by Satan.
3. There may be unresolved problems from the past still causing present damage.  
Counseling may be the key to understanding how to break these chains.
4. It may be consequences of my sinful behavior—past or present. Galatians 6:7-8
5. Person may have experienced God's miraculous deliverance in the past, then relapsed and now the person finds they are trapped again.  
Jeremiah 21:2

The relationship between discipleship and counseling



Note to Teacher: Watch video on [www.iTeenChallenge.org](http://www.iTeenChallenge.org) for this course to see how this diagram is explained in detail at this point in the training workshop.

## Part 2: In-depth look at why discipleship does not work

### 1. Rocks in the road.

Each Christian must learn basic life skills to function as a responsible Christian.

This is the heart of Christian discipleship training. GSNC PSNC

## 2. What can a person do when they come to a wall or pit that you can't get across, around, or over?

Blaming the wall & pit on others.

From God's point of view, these monsters are being kept alive by: me

## 3. How do we kill the dragons and monsters?

- A. Renewing the mind
- B. Forgiveness
- C. Apply Biblical solutions to old problems

## 4. The role of the counselor

## 5. What if the walls and monsters are still there tomorrow?

- A. Satan is a liar.
- B. The person may not understand or not be applying the discipleship principles of:
  - Putting off the “old man”
  - Putting on the “new man”
  - Ephesians 4 & 5
  - Colossians 3