

Personal Studies for New Life and Group Classes

Resource List for Months 5-12

Contents

Introduction.....	3
Month 5--PSNL Units.....	4
Month 5--Group Classes	8
Month 6--PSNL Units.....	9
Month 6--Group Classes	12
Month 7--PSNL Units.....	14
Month 7--Group Classes	16
Month 8--PSNL Units.....	17
Month 8--Group Classes	20
Month 9--PSNL Units.....	22
Month 9--Group Classes	25
Month 10--PSNL Units.....	27
Month 10--Group Classes	30
Month 11--PSNL Units.....	32
Month 11--Group Classes	36
Month 12--PSNL Units.....	39
Month 12--Group Classes	41
PSNL Electives	43
Index	49

Each book in this Resource List is given a code to describe what type of book it is. The code is inside parenthesis marks after the title.

- B - Book
- B/Q - Books with questions at the end of each chapter
- WB - Workbook. A book of projects or Bible studies to fill in
- M - Magazine
- TM - Teacher's Manual
- T - Cassette Tape

There are many places to buy books online. One excellent website for used books is www.bookspot.com

By Dave Batty and Christi Childs

Introduction

This is called the "5th-12th Month Resource List" because its primary purpose is to provide a plan for Teen Challenge and similar ministries working with new Christians on a structured daily basis. The months should not be regarded as rigid time requirements. We chose this method of listing the courses because of its ease in visualizing the stages of growth needed by new Christians.

Please note that this is a rough draft proposal. The courses listed may need to be expanded or condensed to fit the structure of your ministry. This list was made a number of years ago, and so many more books have been written in recent years that could be added to this list.

We need your help! If you find other books, tapes, projects, or other resource materials useful for the courses listed here, please send us the names and publishers of these items. We appreciate your help in this project. Send your suggestions to Dave Batty at this email: dbattytc@gmail.com

The listing of a book here should not be interpreted as an endorsement of that book. The books were included because the title suggested that it related to the course under which it is listed. If you find a book that contains teachings that you feel are unacceptable to your ministry, please let us know.

Months 4 & 5

PSNL Units--4 & 5

I. Work and Responsibility

Issues to cover:

1. Dependability
2. Responsibility
3. Authority
4. Self Image
5. Success
6. Community Relationships
7. Work Ethic
8. Faithfulness

Resources:

1. *Preparing for Work: Get ready now for life after school*, (B), John Zehring (Scripture Press). This is the text for a 13 week high school Sunday school course. A leader's guide and student workbook are also available.
2. *Life Planning*, (WB), Kirk Farnsworth & Wendell Lawhead (InterVarsity Press), chapters 1-3.
3. *The Christian Employee*, (B), Robert Mattox (Logos).
4. *A Woman's Workshop on Proverbs*, (WB), Diane Bloem (Zondervan). This workbook has a chapter on work that is excellent for either men or women. None of the questions will need to be changed to use it with men.
5. *Your Job: Survival or Satisfaction*, (B/Q), Jerry & Mary White (Zondervan). Excellent book.
6. *The Christian in a Secular Job*, (5 tape series), Jerry White (NavPress). Dr. Jerry White presents God's view of work and talks about pressures and difficulties, ambition and ability, success and failure, and fulfillment and balance in your job, family, and ministry.

7. *A Homework Manual for Biblical Counseling*, Vol. 1, (WB), Wayne Mack (Presbyterian & Reformed Publishing Co.). This book has several projects that could be used to deal with some of the attitudes and characteristics listed at the beginning of this unit. In particular, the following projects relate to this unit.

"How to become a useful person"

"How a Christian woman can become a useful person"

"Work"

8. *A Long Obedience in the Same Direction*, (B), Eugene H. Peterson (InterVarsity Press). This book has a chapter on work.
9. *The Truth About You: Discover what you should be doing with your life*, (B), Arthur F. Miller and Ralph T. Mattson (Flemming H. Revell).
10. *You Can Manage Your Life*, (B), Don Mallough (Baker Book House).

II. Restoring Family Relationships

Issues to cover:

Some of your students may not have any major problems in their family relationships. In those situations, the student can work on building deeper friendships with his/her family. If any of the members of the family are not Christians, then you could have the student work on having a positive witness to those family members.

Resources:

1. *Your Family: A Love and Maintenance Manual for People with Parents & Other Relatives*, (B) Jim Conway, Walter Trobisch & Others, (InterVarsity Press).
2. *Discussion Manual for Student Relationships*, Vol. 1., (WB), by Dawson McAllister (Roper Press), Chapter 5, "Parents."
3. *Discussion Manual for Student Relationships*, Vol. 3, (WB), by Dawson McAllister (Roper Press), Chapter title, "How to live in a Broken Home."
4. *Rebuilders Guide*, by Bill Gothard (Institute in Basic Youth Conflicts), Good for broken or weak marriages.
5. *Bring Your Loved Ones to Christ*, (B), Don Wilkerson (Revell)
6. *When You Don't Agree*, (B/Q), James Fairfield (Herald Press). A guide to resolving marriage and family conflicts.

7. *A Homework Manual for Biblical Counseling*, Volume 1, (WB), Wayne Mack (Presbyterian and Reformed Publishing Co.), Project title, "Study Guide for Healing Broken Relationships."
8. *How to Repair the Wrong You've Done: Steps to Restoring Relationships*, (B), Ken Wilson (Servant Books).
9. *How to be a Better-Than-Average In-Law*, (B), Norman Wright (Scripture Press). A Leader's Guide is available for this book.
10. *I Love God and My Husband*, (B), Marion Stroud (Scripture Press). A Leader's Guide is available for this book.
11. *Live, Grow & Be Free: A Guide to Self-Parenting*, (B), Dennis L. Gibson (Here's Life Publishers).

*****There are several books which may be helpful for the parents of your students to read while your student is working on this unit.

1. *The Hurting Parent*, (B), Margie Lewis, with Greg Lewis (Zondervan).
2. *Parents in Pain*, (B), John White (InterVarsity Press).
3. *When Parents Cry*, (B), Joy Gage (Accent Books). How to survive a child's rebellion.

III. Friendships

Resources:

1. *Friends and Friendship--The Secrets of Drawing Closer*, (B), Jerry and Mary White (NavPress).
2. *Friends and Friendship--The Secrets of Drawing Closer--Bible Study*, (WB), Jerry and Mary White (NavPress). Companion to the book by the same title listed above.
3. *How to be a Friend People Want to be Friends With...*, (B), by Richard Walters (Gospel Light). (Each chapter ends with discussion questions.)

4. *Caring Enough to Hear and Be Heard*, (B/Q), by David Augsburger (Gospel Light). (Each chapter ends with discussion questions.)
5. *Quality Friendships*, (B), Gary Inrid (Moody Press).
6. *Discussion Manual for Student Relationships*, Vol. 2, (WB), Dawson McAllister (Roper Press). Chapter title, "Making Friends."
7. "Anatomy of a Friendship," (Tape), Howard Hendricks (Art of Family Living, Dallas, TX).
8. *Dare to Be Different: Dealing with Peer Pressure*, (B/Q), Fred Hartley (Flemming H. Revell).

IV. Life of Christ/Gospels

Resources:

1. *The Life & Ministry of Jesus Christ* (three volume set), (WB), (NavPress).
Book 1. *From His Preexistence and Birth to the Sermon on the Mount.*
Book 2. *From the Sermon on the Mount to His last journey to Jerusalem.*
Book 3. *From His last entry into Jerusalem to His resurrection and Ascension.*
2. *Getting to Know Jesus*, (WB), Paul Steeves (NavPress), 30 studies on Jesus' deity, lordship, love, death, and resurrection.
3. *The Incredible Christ*, (B), Bill Counts (Harvest House). Good scholarship, but also down to earth insights for us today.

Group Classes--Month 5

I. Personal Devotions, Prayer, and Meditation

Resources:

1. *Meditation: The Bible Tells You How*, (B), Jim Downing (NavPress).
2. *How to Have a Quiet Time*, (Booklet), Larry Christenson (Bethany House Publishers).
3. *Quiet Time*, (Booklet), Frank Houghton and others (InterVarsity Press).
4. *No Easy Road*, (B), Dick Eastman (Baker Book House).
5. *Praying: How to Start and Keep Going*, (B/Q), Bobb Biehl and James Hagelganz (Gospel Light).
6. *God's Chosen Fast*, (B), Arthur Wallis (Christian Literature Crusade).
7. *Daring to Draw Near*, (B), John White (InterVarsity Press).
8. *What Happens When Women Pray*, (B), Evelyn Christenson (Victor Books, Scripture Press). A Leader's Guide is available for this book.
9. *Prayer: Conversing with God*, (B), Rosalind Rinker (Zondervan).
10. *Prayer: More Than Words*, (B), LeRoy Eims (NavPress).

II. Carefronting: How to confront others and receive correction.

Resources:

1. *Caring Enough to Confront*, (B/Q), David Augsburg (Gospel Light).
2. *Coping with Criticism*, (B), Jamie Buckingham (Logos).

Month 6

PSNL Units--Month 6

I. Opposite Sex Relationships

Issues to cover:

1. Reasons why I want to date
2. Christian dating
3. Dating Ethics
4. Moral Freedom
5. Respect
6. Parental Authority and Responsibility in helping you choose your marriage partner.
7. Christian marriage, planning stage
8. What about friendships with non-Christians?

Resources:

1. *Love is a Feeling to be Learned*, (B), Walter Trobisch (InterVarsity Press).
2. *I Loved a Girl*, (B), Walter Trobisch (Harper & Row).
3. *I Married You*, (B), Walter Trobisch (Harper & Row).
4. *Living with Unfulfilled Desires*, (B), Walter Trobisch (InterVarsity Press).
5. *A Guidebook to Dating, Waiting and Choosing a Mate*, (B), Norman Wright and Marvin Inmon (Harvest House). A Leader's Guide is available, entitled, *Preparing Youth for Dating, Courtship and Marriage*.
6. *Discussion Manual for Student Relationships*, Vol. 1, (WB), Dawson McAllister (Roper Press).
 - Chapter 6. "Sex"
 - Chapter 7. "Dating"
 - Chapter 8. "Love vs Infatuation"
7. *Discussion Manual for Student Relationships*, Vol. 2, (WB), Dawson McAllister (Roper Press).
 - Chapter 3. "Love"
 - Chapter 4. "What love is not"
 - Chapter 5. "Questions on dating"

8. *Discussion Manual for Student Relationships*, Vol. 3, (WB), Dawson McAllister (Roper Press).
Chapter 2. "What to do when your boyfriend or girlfriend drops you"
9. *Institute in Basic Youth Conflicts Seminar Notebook*, (B), Bill Gothard.
10. *Straight Talk about Sex*, (B), Barry Chant (Whitaker House).
11. *The Pied Pipers of Sex*, (B), Alexandra & Vernon Mark (Haven Books/Logos).
12. *Honest Answers about Dating and Sex: A Book for Teenagers*, (B), Gwen Pamerter Aseltine, Ph.D. (Flemming H. Revell).
13. *Picking a Partner*, (B), William S. Deal (Bethany House Publishers). Especially geared to young people. Courtship, social and cultural factors in making the selection of a partner.
14. *How Do You Say, "I Love You"?* (B), Judson J. Swihart (InterVarsity Press). The author helps married couples unravel the complexities of saying and hearing "I love you" through a discussion of eight different languages.
15. *Narrowing the Risk in Mate Selection*, (Booklet)
16. *You Can Plan a Good Marriage*, (Booklet).
17. "Christian Principles of Choosing a Husband," (Tape), WHH
18. *Dating: Guidelines from the Bible*, (B/Q), Scott Kirby (Baker Book House).

II. Submission to Authority

Issues to cover:

1. Parents
2. Pastor
3. Employer
4. Government officials

Resources:

1. *Rules: Who Needs Them?* (B), Ethel Barrett (Gospel Light).

2. *An Answer to Submission and Decision Making*, (Casette & Book), Norman Wright (Harvest House). This book focuses mainly on husband/wife relationships.
3. *Discovering the Joy of Obedience*, (B), Hope MacDonald (Zondervan).
4. *Discussion Manual for Student Relationships*, Vol. 1, (WB), Dawson McAllister (Roper Press). Chapter 5. "Parents"
5. "Authority and Submission," (M), *Discipleship Journal*, Issue 8 (NavPress). This issue of Discipleship Journal contains several articles dealing with different aspects of authority and submission. Includes a study outline and leader's guide.

III. Success

Resources:

1. *Have You Felt Like Giving Up Lately?* (B), David Wilkerson (Flemming H. Revell). A source book for healing your hurts.
2. *The Success Fantasy*, (B), Anthony Campolo, Jr. (Scripture Press). A Leader's Guide is available for this book. The author gives an analysis of the contemporary idolatry of success. You can learn how God measures success and how to stop living on substitutes and become successful in God's eyes.
3. *How to Fail Successfully*, (B/Q), Jill Briscoe (Revell).
4. *Another Chance: How God Overrides Our Big Mistakes*, (B/Q), Dean Merrill (Zondervan).
5. *Hand Me Another Brick*, (B), Charles Swindoll (Bantam).
6. *How to Feel Like a Somebody Again*, (B), Dale Galloway (Harvest House).
7. *How to Handle Pressure*, (B), Clyde & Ruth Narramore (Tyndale).
8. "We are Born for a Purpose," (Tape).
9. *You Can Manage Your Life*, (B), Don Mallough (Baker Book House).

IV. Lordship of Christ

Resources:

1. "The Lordship of Christ," (Tape), Lorne Sanny (NavPress).
2. *Discussion Manual for Student Relationships*, Vol. 2, (WB), Dawson McAllister (Roper Press), Chapter 1. "How to Glorify God"
3. *Discussion Manual for Student Discipleship*, Vol. 2, (WB), Dawson McAllister (Roper Press), Chapter 4. "The Christian and the Lordship of Christ."
4. *The Pleasure of His Company: How to be a Friend of God*, (B), Roger C. Palms (Tyndale).
5. *The Incredible Christ*, (B), Bill Counts (Harvest House). Good scholarship, but also down to earth insights for us today.

Group Class Ideas--Month 6

I. Inductive Bible Study

Resources:

1. *The Joy of Discovery in Bible Study*, (Student Text, with learning activities), Oletta Wald (Augsburg Publishing House).
2. *The Joy of Teaching Discovery Bible Study*, (Teacher's Guide for The Joy of Discovery in Bible Study), Oletta Wald (Augsburg Publishing House).
3. *First Hand Joy*, (WB), Rick Yohn (NavPress). Excellent book to get the student started in personal Bible study.
4. *How to Read the Bible for All It's Worth: A Guide to Understanding the Bible*, (B), Gordon Fee & Douglas Stuart (Zondervan). May be a little difficult for some students. Gives an excellent foundation on how to correctly read and interpret scripture.
5. *Bible Research: Revised Edition*, (WB), Ken Malmin (Bible Press, Portland, OR). This is a syllabus prepared for Portland Bible College. The activities are designed to teach the student how to use the different Bible reference books. Very practical and easy to follow.

6. *Off the Shelf and Into Yourself: Getting More from God's Word*, (B/Q), Terry Hall with Karen Hall (Victor Books). This is written for a high school age audience. It covers a variety of methods to use in studying the Bible.

II. Emotions

Resources:

1. *Living with Your Emotions: Self-Image & Depression*, (Teacher's Guide), Norman Wright (Harvest House). Two student texts go with this course:
 - A. *Improving Your Self-Image*, (B), Norman Wright (Harvest House).
 - B. *An Answer to Depression*, (B), Norman Wright (Harvest House).
2. *Living Beyond Worry & Anger*, (Teacher's Guide), Norman Wright (Harvest House). Two student texts go with this course:
 - A. *An Answer to Worry and Anxiety*, (B), Norman Wright (Harvest House).
 - B. *An Answer to Anger and Frustration*, (B), Norman Wright (Harvest House).
3. *How to Live with Your Feelings*, (Booklet), Phil Swihart (InterVarsity Press).
4. *Emotions: Can You Trust Them?* (B), James Dobson (Gospel Light).
5. *A Homework Manual for Biblical Counseling*, Vol.1, (WB), Wayne Mack (Presbyterian and Reformed Publishing Co.). There are several projects in this book dealing with different emotions.
6. *The Bible in Counseling*, (WB), Waylon Ward (Moody Press). There are several projects in this book dealing with different emotions.
7. *Overcoming Anxiety*, (B/Q), Dr. Gary Collins (Vision House). Covers a variety of emotions.
8. *Overcoming Hurts and Anger: How to Identify and Cope with Negative Emotions*, (B), Dwight Carlson, MD (Harvest House).
9. *Feeling & Healing Your Emotions*, (B), Conrad Baars, MD (Logos). A Christian psychiatrist shows you how to grow to wholeness.
10. *Preparing for Adolescence*, (B), Dr. James Dobson (Vision House).

11. *The Joy of Being a Woman . . . and What a Man Can Do*, (B), Ingrid Trobisch (Harper & Row). This book has a chapter on how women can live in harmony with their menstrual cycle.
12. *Anger: Defusing the Bomb*, (B), Ray Burwick (Tyndale).
13. *Healing for Damaged Emotions*, (B), David Seamonds (Scripture Press). A Leader's Guide is available for this book.
14. *Feeling Good About Your Feelings*, (B), Barry Applewhite (Scripture Press). A Leader's Guide is available for this book.
15. "Anger," (Tape), Charles Swindoll (*Insight for Living*).

Month 7--Intermediate

PSNL Units--Month 7

I. Self Image

Issues to cover:

1. Victory over sin and how that affects my self image
2. How do you build a positive self image that is pleasing to God?
3. Respect and it's role in self image

Resources:

1. *You're Someone Special*, (B), Bruce Narramore (Zondervan).
2. *Encourage Me*, (B), Charles Swindoll (Multnomah Press).
3. *The Kingdom of Self*, (B), Earl Jabay (Logos).
4. *Healing for Damaged Emotions*, (B), David Seamonds (Scripture Press). A Leader's Guide is available for this book.
5. *Putting Away Childish Things*, (B), David Seamonds (Scripture Press). A Leader's Guide is available for this book.
6. *The Fragrance of Beauty*, (B), Joyce Landorf (Scripture Press). A Leader's Guide is available for this book.

7. *Live, Grow & Be Free: A Guide to Self-Parenting*, (B), Dennis L. Gibson (Here's Life Publishers).

II. Character of God

Topics to cover:

1. Attributes of God
2. Names of God

Resources:

1. *Getting to Know God*, (WB), Paul Steeves (InterVarsity Press).
2. *Experiencing God's Attributes*, (WB), Warren and Ruth Myers (NavPress).
3. *Experiencing God's Presence*, (WB), Warren and Ruth Myers (NavPress).
4. *Knowing God*, (B), J.I. Packer (InterVarsity Press).
5. *Knowing God*, (Study Guide), J.I. Packer (InterVarsity Press).
6. *The Beauty of Beholding God*, (B), Darien B. Cooper (Victor Books).
7. "The Character of God," (Tape), Jim White (NavPress). The author shows how to become a God-centered person--knowing God intimately and personally, and receiving joy and encouragement directly from Him.
8. *Feeling Good about God*, (B), Barry Applewhite (Scripture Press). A Leader's Guide is available for this book. The author shows how you can uncover the real meaning of life and experience God's total love for you as you find out who God really is.
9. *You and God: The Abba Relationship*, (B), Timothy Foster (Scripture Press). A Leader's Guide is available for this book.
10. *The Difference God Makes*, (B), Peter Haile (InterVarsity Press).
11. *The Pleasure of His Company: How to Be a Friend of God*, (B), Roger C. Palms (Tyndale).
12. *Autobiography of God*, (B), Lloyd John Ogilvie (Gospel Light). The author uses the parables of Jesus to show the nature of God and how He works in our lives.

III. Modesty

1. "Modesty," (Tract), by Melody Green (Last Days Ministries). The issue confronted in this article is not so much what you wear--but why you wear it.

IV. Faith

Resources:

1. *From the Pinnacle of the Temple*, (B), Charles Farah, Jr. (Logos).
2. *Faith & Its Counterfeits*, (B), Donald Bloesch (InterVarsity Press).

Group Classes--Month 7

I. Holy Spirit I

Resources:

1. *Handbook on the Holy Spirit*, (B), Don Basham (Whitaker House).
2. *Spiritual Dynamics*, (B), G. Raymond Carlson (Gospel Publishing House). A Teacher's Guide is available for this book.

II. Personal Evangelism

Resources:

1. *So Send I You*, (B), R.M. Riggs, et al (Gospel Publishing House).
2. *The Master Plan of Evangelism*, (B), Robert Coleman (Flemming H. Revell).

3. *How to Give Away Your Faith*, (B), Paul Little (InterVarsity Press).
4. *Out of the Salt Shaker and into the World*, (B), Rebecca Manley Pippert (InterVarsity Press). A study guide is available for this book.
5. *Bring Your Loved Ones to Christ*, (B), Don Wilkerson (Flemming H. Revell).
6. *The Lost Art of Disciple-Making*, (B), LeRoy Eims (Zondervan/NavPress).
7. *Disciples in Action*, (B), LeRoy Eims (Scripture Press). A Leader's Guide is available for this book.

III. Rapid Reading Class One Day Seminar

After the seminar, students must practice their newly learned reading skills 30 minutes every day.

Resources:

1. *How to Read Better & Enjoy it More: A Guide to Rapid Reading*, (B), Ben Johnson (Harvest House).
2. *AGP Rapid Reading*, (3 Tapes), Ben Johnson. These tapes go with the above text.

Month 8 (Maturing)

PSNL Units--Month 8

I. Peer Pressure

Resources:

1. *Dare to be Different: Dealing with Peer Pressure*, (B/Q), Fred Hartley (Flemming H. Revell).
2. *Discussion Manual for Student Relationships*, Vol. 2, (WB), Dawson McAllister (Roper Press), Chapter 6, "Peer Group Pressure."

3. *Discussion Manual for Student Relationships*, Vol. 3, (WB), Dawson McAllister (Roper Press), Chapter 1, "How to deal with cliques."
4. *Putting God First*, (WB), Jim Burns (Harvest House Publishers). Chapter 11. "Handling Peer Pressure."
5. *Smart Girls Don't and Guys Don't Either*, (B), Dr. Kevin Leman (Gospel Light). This book is directed at parents of teenagers. It's designed to prepare your teens to make wise decisions about peer pressure, choosing friends, sex, drugs, dating, and alcohol. This book may be a valuable resource for parents who have teens.

II. New Testament Survey or Letters & Life of Paul--Or a study of a New Testament book.

Resources:

1. *Getting to Know the Book of the Christian: A historical, biographical overview of the Bible from Genesis thru Revelation*, (WB), Chuck Miller (Word).
2. *Bible Workbook*, Vol. 2, New Testament, (WB), Catherine Walker (Moody Press).
3. Book on Church History

III. Coping Skills

Resources:

1. *Prison to Praise*, (B), Merlin Carothers (Logos).
2. "Getting Along with People", (Tape), Wayne Mack.
3. *Discussion Manual for Student Relationships*, Vol. 3, (WB), Dawson McAllister (Roper Press):

Chapter 4, "How to Break Bad Habits."

Chapter 5, "How to Develop New Healthy Habits."
4. *How to Fail Successfully*, (B), Jill Briscoe (Flemming H. Revell).

5. *How to Win in Crises*, (B), Davis (Zondervan).
6. *The Kink and I: A Psychiatrist's Guide to Untwisted Living*, (B), James Mallory, Jr. (Scripture Press). A Leader's Guide is available for this book.
7. *Untwisted Living*, (B), James Mallory, Jr. (Scripture Press). A Leader's Guide is available for this book.
8. *Overcoming Stress*, (B), Jan Markell and Jane Winn (Scripture Press). A Leader's Guide is available for this book.

IV. Success

Issues to Cover:

1. Motivation
2. Goal setting

Resources:

1. *How to Set Goals and Really Reach Them*, (B), Mark Lee (Horizon House).
2. *Design Yourself*, (WB), Kurt Hanks, Larry Belliston, and Dave Edwards (William Kaufmann, Inc.).
3. *How to Decide What's Really Important: Without Giving Up the Things That Are*, (B), Fritz Ridenour (Gospel Light). A Teacher's Manual and a Student Workbook (Un-Guide) are available for this book.
4. *Lord, What's Really Important?* (B/Q), Fritz Ridenour (Gospel Light).
5. *The Success Fantasy*, (B), Anthony Campolo, Jr. (Scripture Press). A Leader's Guide is available for this book. An analysis of the contemporary idolatry of success. Learn how God measures success and how to stop living on substitutes and become successful in God's eyes.
6. See also the resources listed under the PSNL unit "Success" in Month 6.

V. Authority of the Bible

Research Paper: Write a paper entitled, "Why I believe the Bible is God's Word." (You will need to provide resource books for them to use.)

Resources:

1. *Why Believe the Bible*, (B), John MacArthur, Jr. (Gospel Light).
2. *The New Testament Documents: Are They Reliable?* (B), F.F. Bruce (Gospel Light).
3. *No Final Conflict*, (B), Francis Schaeffer (InterVarsity Press).
4. *How Our Bible Came to Us*, (Filmstrip & booklet), American Bible Society.
5. *Why So Many Translations?* (American Bible Society).
6. *How to Read the Bible for All It's Worth*, (B), Gordon Fee and Douglas Stuart (Zondervan). This book may be a little difficult for some students. It gives an excellent foundation on how to correctly read and interpret scripture.

Group Classes--Month 8

I. Christian Doctrine

Issues to cover:

1. Christology
2. Trinity
3. Second Coming
4. Salvation
5. Healing
6. Unpardonable sin

Resources:

1. *Knowing the Doctrines of the Bible*, (B), Myer Pearlman (Gospel Publishing House).
2. *Systematic Theology*, 3 Volumes, (B), Ernest Williams (Gospel Publishing House).

3. *Know Why You Believe*, (B), Paul Little (InterVarsity Press).
4. *Basic Christianity*, (B), John R. W. Stott (InterVarsity Press). A Study Guide is available for this book.
5. *Decide for Yourself: A Theological Workbook*, (WB), Gordon R. Lewis (InterVarsity Press).
6. "Why Study Doctrine?" (Tape), Will Metzger (InterVarsity Press).

II. The Christian Home

Resources:

1. *The Christ Centered Family*, (B), Ray Brock
2. *The Christian Family*, (B), Larry Christenson (Bethany).
3. *The Christian Family--Study Guide*, (WB), Larry Christenson (Bethany).
4. *The Measure of a Family*, (B), Gene Getz (Gospel Light).
5. *Christian Living in the Home*, (B), Jay Adams (Presbyterian & Reformed Publ.).
6. *Your Family: A Love & Maintenance Manual for People with Parents & Other Relatives*, (B), Jim Conway, Walter Trobisch, & Others (InterVarsity Press).
7. *Values Begin in the Home*, (B), Ted Ward (Scripture Press). A Leader's Guide is available for this book.
8. *The Christian Couple*, (B), Larry and Nordis Christenson (Bethany House Publishers). A Study Guide is available for this book.
9. *Stress in the Family: How to Live Through It*, (B), Tim Timmons (Harvest House).
10. *Communication: Key to your Marriage*, (B/Q), H. Norman Wright (Gospel Light).
11. *The Pillars of Marriage*, (B/Q), H. Norman Wright (Gospel Light).
12. *Preparing for Parenthood: It Takes More Than Money*, (B/Q), H. Norman Wright and Marvin N. Inmon (Gospel Light).
13. *We Never Have Time for Just Us...*, (B/Q), Wayne Rickerson (Gospel Light). A guide to establishing quality together times for husbands and wives.

Month 9 (Maturing)

PSNL Units--Month 9

I. Submission to God and Spiritual Leaders (Discipleship)

Resources:

1. *The Pursuit of God*, (B), A. W. Tozer (Christian Publications).
2. *Improving Your Serve: The Art of Unselfish Living*, (B), Charles Swindoll (Word).
3. *Spiritual Leadership*, (B), J. Oswald Sanders (Moody Press).
4. *The Renewed Mind*, (B), Larry Christenson (Bethany House Publishers).
5. *How to be a Christian Without being Religious*, (B/Q), Fritz Ridenour (Gospel Light). A Teacher's Manual and a student workbook are also available for this book.
6. *Putting God First*, (WB), Jim Burns (Harvest House Publishers).
Chapter 6. "The Cost of Commitment"
Chapter 7. "The Call of Servanthood"
7. *The Lost Art of Disciple Making*, (B), LeRoy Eims (NavPress).
8. *Essentials of Discipleship: Practical Help on How to Live as Christ's Disciple*, (B), Francis Cosgrove (NavPress).
9. *A Bible Study on Essentials of Discipleship*, (WB), Francis Cosgrove (NavPress).
This is a companion study guide to the book listed above.
10. *The Pursuit of Holiness*, (B), Jerry Bridges (NavPress).
11. *The Pursuit of Holiness: Bible Study*, (WB), Jerry Bridges (NavPress).
12. Activity: Have the student choose a spiritual leader within the next two months (not a member of your staff).
13. *Dedication: What It's All About*, (B), Majorie A. Collins (Bethany House Publishers).

II. Old Testament Survey--Or a Study of an Old Testament book.

Resources:

1. *Getting to Know the Book of the Christian*, (WB), Chuck Miller (Word).
2. *Bible Workbook*, Vol. 1: Old Testament, (WB), Catherine B. Walker (Moody Press).

III. Stewardship

Issues to cover:

1. Time
2. Money
3. Talents

Resources:

1. *Discussion Manual for Student Relationships*, Vol. 3, (WB), Dawson McAllister (Roper Press). Chapter 9, "Disciplining Your Time."
2. *The Gift of Giving*, (B), Wayne Watts (NavPress).
3. *Lord, Make My Life Count*, (B), Raymond Ortlund (Gospel Light). A Teacher's Manual and a student workbook are available for this book.
4. "Giving," (Tape), Harvey Oslund (NavPress). The author gives practical suggestions on how to begin a life-long process of giving to God's work.
5. Activity: Do a Biblical word study on stewardship, tithing, giving, talents.
6. *Money*, (B), Andrew Murray (Bethany House Publishers). The author discusses how to acquire the real Christian attitude about possessions.
7. "Tithing," (Tape), Malcolm MacGregor (Bethany House Publishers).
8. "Giving and Receiving," (Tape), Malcolm MacGregor (Bethany House Publishers).
9. *How to Give Your Money Away*, (B), Simon Webley (InterVarsity Press).

IV. Changing Your Thought Patterns

Issues to cover:

1. Changing world view
2. Developing new behavior patterns
3. Breaking old habits
4. Renewing the mind

Resources:

1. *Win the Battle for Your Mind*, (B), Richard Strauss (Scripture Press). A Leader's Guide is available for this book.
2. *The Renewed Mind*, (B), Larry Christenson (Bethany House Publishers).
3. *The Battle for the Mind*, (B), Tim LaHaye (Flemming H. Revell).
4. *Spirit-Controlled Temperament*, (B), Tim LaHaye (Tyndale).
5. *The Other Side of Love*, (B), Mel White (Flemming H. Revell). This book deals mainly with the temptation of lust.
6. *Truth: Antidote for Error*, (B), Anthony D. Palma (Gospel Publishing House). A Teacher's Guide is available for this book.
7. *Will the Real Phony Please Stand Up?* (B/Q), Ethel Barrett (Gospel Light). A teacher's manual and student workbook are available for this book.
8. *How to Say No to a Stubborn Habit*, (B), Erwin Lutzer (Scripture Press). A leader's guide is available for this book.
9. *Discussion Manual for Student Relationships*, Vol. 1, (WB), Dawson McAllister (Roper Press). Chapter 9. "Clearing the Mind."
10. *Discussion Manual for Student Relationships*, Vol. 3, (WB), Dawson McAllister (Roper Press).
Chapter 4. "How to Break Bad Habits."
Chapter 5. "How to Start New Healthy Habits."
11. *Victory Over Sin and Self*, (B), David Wilkerson.
12. *The Christian Mind: How Should a Christian Think?* (B), Harry Blamires (Servant Books).

13. *Changing Your Thought Patterns*, (Booklet), George Sanchez (NavPress).
14. "How to Change Your Thought Patterns," (Tape), George Sanchez (NavPress).
15. *Untwisted Living*, (B), James Mallory (Scripture Press). A Leader's Guide is available for this book.
16. *Help Yourself to a Healthier Mind*, (B), LeRoy Dugan (Bethany House Publishers).
17. *Mirror of Conscience*, (Booklet), Basilea Schlink (Bethany House Publishers).
18. *You Can Manage Your Life*, (B), Don Mallough (Baker Book House).

Group Classes--Month 9

I. Cults

Resources:

1. *Know the Marks of Cults*, (B), Dave Breese (Victor Books, Scripture Press). A Leader's Guide is available for this book.

Note to Induction centers: If you send students to the Teen Challenge Training Center in Rehrersburg, PA, please do not use this book as a text for those students. This book is the text for the Cults class at Rehrersburg.

2. *Scripture Twisting: Twenty Ways Cults Misread the Bible*, (B), James W. Sire (InterVarsity Press).
3. *Understanding the Cults: Handbook of Today's Religions*, (B), Josh McDowell and Don Stewart (Here's Life Publishers).
4. *Escape From Darkness*, (B), James R. Adair and Ted Miller (Scripture Press). A Leader's Guide is available for this book. First-person accounts of people who were trapped by cults, but heard the call of the Savior and broke away from deceptive beliefs.
5. *The Kingdom of the Cults*, (B), Walter R. Martin (Bethany Fellowship).

Note: If you would like a list of books dealing with a particular cult, write the Teen Challenge International, USA Curriculum office, specifying which cult you want information on.

II. Christian Ethics

Issues to cover:

1. Use of free time, recreation
2. Music
3. TV
4. Movies
5. Honesty
6. Role of the conscience

Resources:

1. *Honesty, Morality, & Conscience*, (B), Jerry White (NavPress). A Bible study is available for this book.
2. *Discussion Manual for Student Relationships*, Vol. 2, (WB), Dawson McAllister (Roper Press). Chapter 8. "Honesty."
3. *Discussion Manual for Student Relationships*, Vol. 3, (WB), Dawson McAllister (Roper Press). Chapter 8. "The Christian Student and Rock Music."
4. *Rock: Practical Help for Those Who Listen to the Words and Don't like What They Hear*, (B), Bob Larson (Tyndale).
5. *Rock Reconsidered: A Christian Looks at Contemporary Music*, (B), Steve Lawhead (InterVarsity Press).
6. "Can God Use Rock Music?" (Tract), Keith Green (Last Days Ministries). Is there such a thing as "evil" music or "good" music? Keith frankly discusses what he has seen during his life-long involvement with music, and clears up some common misconceptions about "Christian rock," getting to the real issue.
7. "Music or Missions?" (Tract), Keith Green (Last Days Ministries). An expose on the dangers of Christians idolizing gospel "rock start." Also good for those interested in getting into the "music ministry."
8. *Values Begin at Home*, (B), Ted Ward (Scripture Press). A Leader's Guide is available for this book. The author covers how to think and talk about moral values with your children.
9. *The Disciplined Life-Style*, (B), Richard S. Taylor (Bethany House Publishers).

III. Holy Spirit II

Issues to cover:

1. Gifts of the Holy Spirit
2. Fruits of the Holy Spirit

Resources:

See the list of resources under Holy Spirit I in Month 7, Group Classes.

Month 10 (Prepare for Re-entry)

PSNL Units-Month 10

I. Self Image

Issues to cover:

There have been previous units on Self Image in earlier months. Why have another unit on it? Most students will not completely resolve all problems in this area of their lives in one unit. You will need to consider each student's progress in this area and determine with their help what areas need attention. Some may still have a major problem with a negative self image. In others, the need may be to come to a clearer understanding of what it means to have a Godly self concept. How does God view me? How can I strengthen my self concept?

Resources:

1. Note: See the resources listed in the following places:
 - a. Unit Three, "Self Image," in the article "Organizing Your Personal Studies into Units for Growth." This article is in Book One of the *Personal Studies for New Christians Teacher Certification Notebook*.
 - b. Month 7, PSNL Unit on Self Image
2. *Encourage Me*, (B), Charles Swindoll.
3. *Can You Love Yourself?* (B), Jo Berry (Gospel Light).

4. *Freedom from a Self-Centered Life: Dying to Self: Selections from the Writings of William Law*, (B), William Law; Edited by Andrew Murray (Bethany House Publishers).

II. Faith vs Presumption

Issues to cover:

The main purpose of this unit is to clear up any misunderstandings the student may have regarding positive confession and the "Health, Wealth, & Prosperity Gospel," that can be somewhat confusing to some new Christians.

Resources:

1. *We Let Our Son Die*, (B), Larry Parker (Harvest House).
2. *From the Pinnacle of the Temple*, (B), Charles Farah, Jr (Logos).
3. *The Wall Street Gospel*, (B), Joe Maligato (Harvest House Publishers).

III. Proverbs--Character Study

This is a research paper on the different kinds of people described in Proverbs. The student does a character study on these different types of people.

IV. God's Will for My Life

Issues to cover:

1. Life objectives (goals)
2. Biblical principles for interpreting God's guidance.

Resources:

1. *Discovering God's Will*, (WB), Warren and Ruth Myers (NavPress).
2. *Life Planning: A Christian Approach to Careers*, (WB), Kirk Farnsworth and Wendell Lawhead (InterVarsity Press). This is a workbook for those beginning to look for a job and those seeking a change in midlife.

3. *Guidance: What the Bible says about Knowing God's Will*, (B), Oliver R. Barclay (InterVarsity Press).
4. *The Fight: A Practical Handbook for Christian Living*, (B/Q), John White (InterVarsity Press).
5. *Affirming the Will of God*, (B), Paul Little (InterVarsity Press).
6. *The Cost of Commitment*, (B), John White (InterVarsity Press).
7. *Decision Making & the Will of God: A Biblical Alternative to the Traditional View*, (B), Garry Friesen, with J. Robin Maxson (Multnomah Press). An excellent book, though quite long--450 pages.
8. *Knowing God's Will: Biblical Principles of Guidance*, (B), M. Blaine Smith (InterVarsity Press).

V. Bible Character Sketch

The student should do at least one Bible character sketch during months 8-10.

Resources:

1. *Her Name is Woman*, Volumes 1 & 2, (B/Q), Gien Karssen (NavPress).

Group Classes-Month 10

I. Current Moral Issues

Issues to cover:

1. Abortion
2. Birth Control
3. Euthanasia
4. Secular humanism

Resources:

1. *How Should We Then Live*, (B), Francis Schaeffer (Flemming H. Revell).
2. *Together We Can Deal with Life in the 80's*, (B), Ron Jenson (Here's Life Publishers).
3. *The Secular Saint: The Role of the Christians in the Secular World*, (B/Q), Robert Webber (Zondervan).
4. *The Joy of Being a Woman and What a Man Can Do*, (B), Ingrid Trobisch (Harper & Row).
5. *A Baby Just Now?* (B), Walter Trobisch (InterVarsity Press). A Christian perspective on family planning.
6. *An Answer to Humanistic Psychology*, (B), Nelson Hinman (Harvest House Publishers).
7. *A Christian Manifesto*, (B), Francis Schaeffer (Crossway Books).
- 8a. *Who Broke the Baby?* (B), Jean Staker Garton (Bethany House Publishers).
- 8b. *Who Broke the Baby?* (5 tapes), Jean Staker Garton (Bethany House Publishers).
9. *Evangelicals and Social Ethics*, (B), Klaus Bockmuehl (InterVarsity Press). The author analyzes the formation, structure and action verbs used by the Lausanne Covenant to delineate Christian social obligation.
10. *The Homosexual Way--A Christian Option?* (B), David Field (InterVarsity Press). The author provides a concise summary of the biblical teaching on homosexuality, relating it to the contemporary debate and the needs of those struggling personally with the problem.

11. *Issues of Life and Death*, (B), Norman Anderson (InterVarsity Press). The author takes a well-researched biblical approach to legalized abortion, genetic engineering, euthanasia, birth control, artificial insemination and capital punishment.
12. *Pornography*, (B), John H. Court (InterVarsity Press). The author investigates the arguments used to support pornography, evaluating the scientific studies concerning its effects and providing detailed evidence to support his conclusions.
13. *Right Living in a World Gone Wrong*, (B), David Allan Hubbard (InterVarsity Press). The author focuses Scripture's light on eleven contemporary problems such as premarital sex, abortion, euthanasia, women's rights, capital punishment, and pollution.
14. "Children--Things We Throw Away?" (Tract), Melody Green (Last Days Ministries). Very forthright tract on abortion, speaking out against it.
15. "The Questions Most People Ask About Abortion," (Tract), Melody Green (Last Days Ministries). This is a large, in-depth tract that answers many of the questions people have concerning all the "what if's" of abortion. Also included are many interesting notes and statistics about abortion.

II. Church Relations

Issues to cover:

This course is a study of our relationships with the local church. The course will include a study of I & II Corinthians, using the Church at Corinth as a case study.

Resources:

1. *The Corinthian Correspondence: An Interpretive Look at St. Paul's Letter to the Church at Corinth*, (B), Russell Spittler (Gospel Publishing House). A Teacher's Guide is available for this book.

Note: This book is used as a text at the Teen Challenge Training Center in Rehrersburg, PA. Do not use this book at your induction center as a text book for those students you will be sending to Rehrersburg.

2. *The Measure of a Church*, (B), Gene Getz (Gospel Light).
3. Activity: Have the student choose a church to attend in your city. At this point in the program the students should have developed their trustworthiness to the point where they can attend this church without staff supervision. It may also be possible to arrange for the student to work as a teacher's aid in a Sunday School class.

Month 11--Re-entry (Gear for Independence & Self-sufficiency)

PSNL Units--Month 11

I. How to Cope with Frustrations, Conflicts, & Adversities

Issues to cover:

Purpose of this class is to clarify how God uses problems and conflicts to develop character in us.

Resources:

1. *Three Steps Forward, Two Steps Back: Persevering through Pressure*, (B), Charles Swindoll (Thomas Nelson Publishers).
2. *Overcoming Hurts and Anger: How to Identify and Cope with Negative Emotions*, (B), Dwight Carlson, M.D. (Harvest House Publishers).
3. *Have You Felt Like Giving Up Lately?* (B), David Wilkerson (Flemming H. Revell).
4. *How to Fail Successfully*, (B), Jill Briscoe (Flemming H. Revell).
5. *How Do You Handle Life?* (B), Fritz Ridenour (Gospel Light). A Teacher's Manual and a student workbook are available for this book.
6. *How to be a Confident Woman*, (WB), Susan Jane Souter (Harvest House Publishers).
7. *How to Set Goals and Really Reach Them*, (B), Mark Lee (Horizon House).
8. *Turning Your Stress into Strength*, (B), Robert H. Schuller (Harvest House Publishers).
9. *Why Christians Burn Out*, (B), Charles Perry, Jr. (Thomas Nelson Publishers).
10. *How Not to Go Crazy: Finding Stability in Unstable Times*, (B), Robert Wise (Harvest House).
11. *How to Handle Pressure*, (B), Clyde Narramore (Tyndale).
12. *How to Handle Life's Hurts*, (B), James A. Nelson (Accent Books).

13. *How to Handle Your Hassles and Hurts*, (B), Bob Turnbull (Omega Pub./Bible Voice Books).
14. *Winds of Adversity*, (B), Bill Gothard (Institute in Basic Youth Conflicts). This is one of the Supplementary Alumni Books.
15. *Encourage Me*, (B), Charles Swindoll (Multnomah).
16. *Healing for Damaged Emotions*, (B), David Seamonds (Scripture Press). A Leader's Guide is available for this book.
17. *Putting Away Childish Things*, (B), David Seamonds (Scripture Press). A Leader's Guide is available for this book.
18. *The Kink and I: A Psychiatrist's Guide to Untwisted Living*, (B), James D. Mallory, Jr. (Scripture Press).
19. *There's More to Life*, (B), Craig Selness (Scripture Press). A Leader's Guide is available for this book. The author shows how you can do something about your frustrations. But first you must learn to risk, to trust, to believe in God and in your own abilities.
20. *Facing Your Failures*, (Tape), David Wilkerson (Bethany House Publishers).
21. *Gaining Through Losing*, (B), Evelyn Christenson (Scripture Press). A Leader's Guide is available for this book. The author shows how God can take the disappointments and tragedies in your life and turn them into unbelievable gains.
22. *Christians in the Marketplace*, (B), Bill Hybels (Scripture Press). A Leader's Guide is available for this book. How to be "in the world, but not of it" as Christ works through you in the secular workaday world.
23. *Live, Grow & Be Free*, (B), Dennis L. Gibson (Here's Life Publishers).

II. Money Management

Resources:

1. *How to Succeed with Your Money*, (B), George M. Bowman (Moody Press). Note: This book is used as the text for this class at the Teen Challenge Training Center, Rehrersburg, PA.
2. *God's Answers to Financial Problems*, (WB), Rick Yohn (Harvest House Publishers).

3. *Your Money Matters*, (B), Malcolm MacGregor (Bethany House Publishers). A CPA's sometimes humorous, consistently practical guide to person money management, based on Scripture and with an emphasis on family living.
4. *Financial Planning Guide for Your Money Matters*, (WB), Malcolm MacGregor (Bethany House Publishers). Companion volume to *Your Money Matters*.
5. *What Husbands Wish Their Wives Knew About Money*, (B), Larry Burkett (Scripture Press). A Leader's Guide is available for this book.
6. *Common Sense About Your Family Dollars*, (B), James Thomason (Scripture Press). A Leader's Guide is available for this book.
7. *The Gift of Giving*, (B), Wayne Watts (NavPress).
8. *Money: How to Spend Less and Have More*, (B), David Juroe (Flemming H. Revell).
9. *Money*, (B), Andrew Murray (Bethany House Publishers). How to acquire the real Christian attitude about possessions.

III. Self Discipline

Resources:

1. *Discipline: The Glad Surrender*, (B), Elizabeth Elliot (Flemming H. Revell).
2. "How to Develop Self-Discipline," (Tape), Paul Drake (NavPress). The author explains the importance of self-discipline and presents a simple plan to begin developing this trait.
3. *The Disciplined Life*, (B), Richard Taylor (Bethany House Publishers).
4. *Get On With Living*, (B), Simon Schrock (Bethany House Publishers). A challenge to begin living by personal direction and personal conviction rather than by imitation.
5. *Control Yourself! Practicing the Art of Self-Discipline*, (B), D.G. Kehl (Zondervan).
6. *You Can Manage Your Life*, (B), Don Mallough (Baker Book House).

IV. Career Planning

Issues to cover:

1. Vocational planning
2. Aptitude test possible
3. Vocational counseling
4. College orientation

Resources:

1. Activity: find a job or go to school (academic or vocational).
2. *Life Planning*, (WB), Kirk Farnsworth & Wendell Lawhead (InterVarsity Press).
3. *The Christian Employee*, (B), Robert Mattox (Logos).
4. *Open to Change*, (B), David C. McCasland (Scripture Press). A Leader's Guide is available for this book. Some people feel that past failures have disqualified them from future service. This book encourages them to take heart; the same things happened to Moses. The life and work of Moses is the focus of this book.
5. *The Success Fantasy*, (B), Anthony Campolo, Jr. (Scripture Press). A Leader's Guide is available for this book. The author gives a penetrating analysis of the contemporary idolatry of success. The book covers how God measures success and how to stop living on substitutes and become successful in God's eyes.
6. *Turn Your Dreams into Reality*, (B), Russ Johnston (Scripture Press). A Leader's Guide is available for this book. The author shows how your dreams can come true when God is kept as the foundation of your hopes.
7. *Choosing Your Career: The Christian's Decision Manual*, (B), Martin E. Clark (Baker Book House).
8. *Directions: A Gift Book for Graduates*, (B), LeRoy Koopman (Baker Book House).
9. *You Can Manage Your Life*, (B), Don Mallough (Baker Book House).

Group Classes--Month 11

I. Money Management

Issues to cover:

1. How to make a budget
2. How to set up and use a checking account
3. How to set up and use a savings account. Also discuss different types of savings plans.
4. Use and abuse of credit cards

Resources:

1. *How to Succeed with Your Money*, (B), George M. Bowman (Moody Press). Note: This book is used as the text for this class at the Teen Challenge Training Center, Rehrersburg, PA.
2. *God's Answers to Financial Problems*, (WB), Rick Yohn (Harvest House Publishers).
3. *Your Money Matters*, (B), Malcolm MacGregor (Bethany House Publishers). A CPA's sometimes humorous, consistently practical guide to person money management, based on Scripture and with an emphasis on family living.
4. *Financial Planning Guide for Your Money Matters*, (WB), Malcolm MacGregor (Bethany House Publishers). Companion volume to *Your Money Matters*.
5. *What Husbands Wish Their Wives Knew About Money*, (B), Larry Burkett (Scripture Press). A Leader's Guide is available for this book.
6. *Common Sense About Your Family Dollars*, (B), James Thomason (Scripture Press). A Leader's Guide is available for this book.
7. *The Gift of Giving*, (B), Wayne Watts (NavPress).
8. *Money: How to Spend Less and Have More*, (B), David Juroe (Flemming H. Revell).
9. *Money*, (B), Andrew Murray (Bethany House Publishers). How to acquire the real Christian attitude about possessions.

II. Personal Problems

Issues to cover:

1. Develop problem solving techniques.
2. Discussion class using situation case studies
3. Temptation
4. Failure
5. Authority
6. Responsibility
7. Friends
8. Family
9. Moral Freedom
10. Work

Resources:

1. *Many Aspire, Few Attain*, (Tape), Walt Henrichsen (NavPress). The author challenges you to give up mediocrity, make a total commitment to God, and fight the spiritual battle to win.
2. Since this will be a discussion class, the needs of the students will have a major influence on what topics you will cover. Many of the previous classes may provide useful resources depending on what issues you cover. The main focus of this class should be developing practical skills for dealing with these problems, not simply a review of the content again.

Check especially the resources listed for the PSNL Unit entitled, "How to Cope with Frustrations, Conflicts, & Adversities" (Month 11).

III. Home Economics

Issues to cover:

1. Cooking, menu planning, purchasing food, food preservation
2. House cleaning
3. How to be a hostess
4. Laundry
5. Purchasing and making clothes

Resources:

1. *Homemaking: A Bible Study for Women at Home*, (WB), Baukje Doornenbal and Tjitske Lemstra (NavPress).

2. *Getting More Done in Less Time*, (B), Mike Phillips (Bethany House Publishers). For homemakers, husbands, pastors, or businessmen about getting work done more efficiently
3. *The Best of All*, (B/Q), Gien Karssen (NavPress). For women. The author takes you through Proverbs 31 verse by verse, giving historical and cultural explanations, as well as present-day applications. Two appendices are "How to Have a Quiet Time" and "Suggestions for Discussion Groups."

IV. Job Skills

Issues to cover:

1. Making a job resume
2. Job interview

Resources:

1. *Managing Our Work: Revised*, (B), John Alexander (InterVarsity Press). Shows how the problem of work overload can be solved by setting realistic objectives, goals, and standards.
2. *Getting More Done in Less Time*, (B), Mike Phillips (Bethany House Publishers). For homemakers, husbands, pastors, or businessmen about getting work done more efficiently.
3. *The Christian Employee*, (B), Robert Mattox (Logos).
4. Discuss the value and possibilities for continuing their education or vocational training as a means of improving their job opportunities.
5. *Christians in the Marketplace*, (B), Bill Hybels (Scripture Press). The author tells how to be "in the world, but not of it" as Christ works through you in the secular workaday world. A Leader's Guide is available for this book.
6. See also the resources listed for the PSNL unit "Career Planning" in Month 11.

Month 12--Re-entry (Prepare for independence and self-sufficiency)

PSNL Units--Month 12

I. Ministry of Helping Others

Resources:

1. *How to be a People Helper*, (B), Gary Collins (Vision House).
2. *People Helper Growthbook*, (WB), Gary Collins (Vision House). This is a companion workbook for *How to be a People Helper*.
3. *When Someone Asks for Help: A Practical Guide for Counseling* (B), Everett Worthington, jr. (InterVarsity Press).
4. *How to Help a Friend*, (B), Paul Welter (Tyndale).
5. "How to Discern Needs," (Tape), Ron Oertli (NavPress). The author tells how to use your knowledge of God and His Word to help people.
6. *Improving Your Serve: The Art of Unselfish Living*, (B), Charles Swindoll (Word).
7. *Encouraging One Another*, (B), Gene Getz (Scripture Press). A Leader's Guide is available for this book.

II. How to Cope with Frustrations, Conflicts, & Adversities

Resources:

This course is a continuation of the unit by the same name in Month 11. The Resource List is given in the PSNL Units for that month.

III. Temptation & Failure

Resources:

1. *Temptation: Help for Struggling Christians*, (B), Charles Durham (InterVarsity Press).

2. *How to Overcome Evil*, (B), Jay E. Adams (Presbyterian & Reformed Publishing Co.).
3. *Have You Felt Like Giving Up Lately*, (B), David Wilkerson (Flemming R. Revell). A source book for healing your hurts.
4. *Do You Sometimes Feel Like a Nobody*, (B), Tim Stafford (Zondervan).
5. *Why Am I Afraid to Tell You Who I Am?* (B), John Powell (Argus Communications). Insights on self-awareness, personal growth and interpersonal communications.
6. *The Other Side of Love*, (B), Mel White (Flemming H. Revell). Very practical book dealing with sexual temptations.
7. *Caring Enough to Confront*, (B/Q), David Augsburger (Gospel Light).
8. *Honesty, Morality, & Conscience*, (B), Jerry White (NavPress). A Bible Study Guide is available for this book.
9. *How to Fail Successfully*, (B), Jill Briscoe (Flemming H. Revell).
10. *Another Chance*, (B), Dean Merrill (Zondervan).
11. "Facing Your Failures," (Tape), David Wilkerson (Bethany House Publishers).

IV. Final Evaluation

Issues to cover:

1. Before leaving the program, the students should complete an evaluation of the growth that occurred in their lives since coming into the program.
2. The following decisions should be completed before they leave the program:
 - A. Where will you live?
 - B. Where will you work and/or work?
 - C. What church will you attend?
 - D. Who will be your spiritual leader?
 - E. Who are your close friends?
 - F. What area of personal study will you be pursuing after leaving the program?

Group Classes--12

I. How to Handle Change

Issues to cover:

As students progress through the re-entry phase, the many changes will bring lots of pressure into their lives. For some these changes create a lot of anxiety in their lives. The purpose of this course is to examine this process of change and develop strategies for coping with these changes.

Resources:

1. *The Mind Changers: The Art of Christian Persuasion*, (B), Em Griffin (Tyndale).
2. *How to Set Goals and Really Reach Them*, (B), Mark lee (Horizon House).
3. *Will the Real Phony Please Stand Up?* (B/Q), Ethel Barrett (Gospel Light). A Leader's Guide and a student workbook are available for this book.
4. *Three Steps Forward, Two Steps Backward: Persevering through Pressure*, (B), Charles Swindoll (Thomas Nelson Publishers).
5. *The Battle for the Mind*, (B), Tim LaHaye (Flemming H. Revell).
6. *The Renewed Mind*, (B), Larry Christenson (Bethany House Publishers).
7. *Get On with Living*, (B), Simon Schrock (Bethany House Publishers).
8. *The Pursuit of Excellence*, (B), Ted Engstrom (Zondervan).

II. Christian Women's Role in Church, Society, & Home

Issues to cover:

1. Give Biblical response to feminist movement.
2. If this is being taught at a ministry for men, then focus the course on the role of the Christian man in society.

Resources:

1. *Learning to be a Woman*, (WB), Kenneth G. & Floy M. Smith (InterVarsity Press).

2. *In Search of God's Ideal Woman*, (B), Dorothy Pape (InterVarsity Press).
3. *The Best of All*, (B/Q), Gien Karssen (NavPress).
4. *The Magna Carta of Woman*, (B), Jessie Penn-Lewis (Bethany House Publishers).

III. Christianity vs. Humanism

Issues to cover:

1. Emphasize the important differences between these two world views, and how our society is affected by them.
2. Areas significantly affected by secular humanism: evolution in education, the media, population control (abortion), government.

Resources:

1. *A Christian Manifesto*, (B), Francis Schaeffer (Crossway Books).
2. *Humanist Manifestos I and II*, (B), edited by Paul Kurtz (Prometheus Books).
3. *The Battle for the Mind*, (B), Tim LaHaye (Flemming H. Revell).
4. *An Answer to Humanistic Psychology*, (B), Nelson Hinman (Harvest House).

PSNL Electives

5-12 Months

Resource List: Date printed 3-19-83

First Draft, created 9/9-10/82

By Dave Batty and Christi Childs

1. Masturbation

Resources:

1. *My Beautiful Feeling*, (B), Walter Trobisch (Inter Varsity Press).
2. *Masturbation*, (Lesson), David Batty (Teen Challenge International, USA Curriculum).
3. *Living With Unfulfilled Desires*, (B), Walter Trobisch (InterVarsity Press).

2. Healing of memories

Resources:

1. *Inner Healing through the Healing of Memories*, (B), Betty Tapscott (Hunter Books).
2. *The Healing of Fears*, (B), Norman Wright (Gospel Light).
3. *Healing for Damaged Emotions*, (B), David Seamonds (Scripture Press).
4. *Memory Healing: God Renewing the Mind*, (B), Dr. Robert L. McDonald (RLM Ministries). This book is primarily a staff resource book rather than a book you would assign a student to read.

3. Deeper repentance

Resources:

1. *Forgotten Factors*, (B), Roy Hession (Christian Literature Crusade).
2. *Dedication: What It's All About*, (B), Marjorie A. Collins (Bethany House Publishers). Thousands dedicate themselves at altars. Few follow through on their commitments. With this in mind, the author tackles the task of clarifying the meaning of dedication.

4. Resolving Conflicts from the Past (Physical Abuse, Rape, Incest, Child Abuse)

Resources:

1. *The Healing of Fears*, (B), Norman Wright (Harvest House).
2. *Coping with Abuse in the Family*, (B), Wesley Monfalcone (Westminster Press).
3. *All I Need is Love*, (B), Nancy Smith (InterVarsity Press). The author tells how a Christian Psychologist helped her overcome severe emotional problems caused by a childhood full of cruelty and abuse.
4. *When It's Hard to Forgive*, (B), Goldie Bristol and Carol McGinnis (Scripture Press). This book gives hope to those who can't forgive. The Bristols' daughter was brutally murdered, yet through God's power, they were able to forgive the killer completely. A Leader's Guide is available for this book.
5. *Healing for Damaged Emotions*, (B) David Seamonds (Scripture Press). A Leader's Guide is available for this book.
6. *Putting Away Childish Things*, (B), David Seamonds (Scripture Press). A Leader's Guide is available for this book.
7. *The Kink and I: A Psychiatrist's Guide to Untwisted Living*, (B), James Mallory, Jr. (Scripture Press). A Leader's Guide is available for this book.

5. Weight Control

Resources:

1. *Freedom from Fat*, (B), Kliewer (Revell).
2. *Weight! A Better Way to Lose It*, (B), Roger F. Campbell (Scripture Press). A Leader's Guide is available for this book.
3. *Free to be Thin*, (B), Marie Chapien (Bethany House Publishers).
The following two study guides go with this book.
4. Free to be Thin Study Guide No. 1. *Getting Started*, (WB), Neva Coyle (Bethany House Publishers).
5. Free to be Thin Study Guide No. 2. *Discipline*, (WB), Neva Coyle (Bethany House Publishers).

6. Christian Husband/Wife Relations

Resources:

1. *The Pillars of Marriage*, (B/Q), H. Norman Wright (Gospel Light).
2. *Communication: Key to Your Marriage*, (B/Q), H. Norman Wright (Gospel Light).
3. *What Wives Wish Their Husbands Knew About Women*, (B), James Dobson (Tyndale).
4. *We Never Have Time for Just Us . . .*, (B), Wayne Rickerson (Gospel Light). A guide to establishing quality together times for husbands and wives.

7. Overcoming worry & anxiety

Resources:

1. *Overcoming Anxiety*, (B/Q), Gary Collins (Vision House).
2. *How to Win Over Worry*, (B), John Haggai (Zondervan).
3. *An Answer to Worry and Anxiety*, (B), Norman Wright (Harvest House). A Teacher's Manual is also available for this book.

8. Raising Your Children

Issues to cover:

1. Discipline
2. Developing spiritual & moral values in your children
3. Developing positive self image in children

Resources:

1. *Dare to Discipline*, (B), James Dobson (Tyndale).
2. *The Strong-willed Child: Birth through adolescence*, (B), James Dobson (Tyndale).
3. *Raising Your Children Toward Emotional and Spiritual Maturity*, (B), Joy Wilt (Word).
4. *Single Again--This Time with Children: A Christian Guide for the Single Parent*, (B), Alice Stolper Pepler (Augsburg).
5. *The Family that Listens*, (B), Norman Wright (Scripture Press). A Leader's Guide is available for this book.
6. *At Home with Sex*, (B), Rex Johnson (Scripture Press). A Leader's Guide is available for this book. The author shows how you can comfortably teach your child about God's design for us as sexual beings.
7. *Values Begin at Home*, (B), Ted Ward (Scripture Press). A Leader's Guide is available for this book.
8. *Developing Spiritually Sensitive Children*, (B), Olive Alexander (Bethany House Publishers).
9. *Building Respect, Responsibility, and Spiritual Values in Your Child*, (B), Mike Phillips (Bethany House Publishers).
10. *Preparing for Parenthood: It Takes More Than Money*, (B), H. Norman Wright and Marvin N. Inmon (Gospel Light).

9. Loneliness

Resources:

1. *An Answer to Loneliness*, (B/Q), Norman Wright (Harvest House Publishers).
2. *Loneliness: Living Between Times*, (B), Nancy Potts (Scripture Press). A Leader's Guide is available for this book.

10. How to Overcome Bitterness

Resources:

1. *The Freedom of Forgiveness: 70 x 7*, (B), David Augsburger (Moody Press). A Study Guide is available for this book from the Teen Challenge International, USA Curriculum office.
2. *Caring Enough to Forgive: True Forgiveness and Caring Enough Not to Forgive: False Forgiveness*, (B/Q), David Augsburger (Gospel Light).
3. *It Feels Good to Forgive*, (B), Helen Hosier (Harvest House).
4. *Healing for Damaged Emotions*, (B), David Seamonds (Victor Books, Scripture Press). A Leader's Guide is available for this book.
5. *Putting Away Childish Things*, (B), David Seamonds (Victor Books, Scripture Press). A Leader's Guide is available for this book.
6. "How to Overcome Bitterness," (Tape), Wayne Mack.

11. Being a phoney

Resources:

1. *Will the Real Phoney Please Stand Up*, (B/Q), Ethel Earrett (Gospel Light). A Leader's Guide and student workbook are available for this book.
2. *Dedication: What It's All About*, (B), Marjorie Collins (Bethany House Publishers). How to completely dedicate yourself to Christ and follow through on that commitment.

3. *The Pharisees' Guide to Total Holiness*, (B), William L. Coleman (Bethany House Publishers). A warm, witty and sometimes startling look at the little substitutions for genuine Christianity which shackle many in today's church.
4. *Get On With Living*, (B), Simon Schrock (Bethany House Publishers). Advice on how to overcome negativism and hang-ups.

12. Christian View of Death

Resources:

1. *Why Do I Have To Die?* (B), David Allan Hubbard (Gospel Light).
2. *Why Me, Lord?* (B), Paul W. Powell (Scripture Press). The author shares insights on how to deal with crises, sorrow, tragedy, and death. He also shows how you can help others facing these difficult circumstances. Leader's Guide is available for this book.
3. *When Your Friend is Dying*, (B), Betsy Burnham (Chosen Books).

Index

Abortion 30-31
Abuse 44-45
Anxiety 46
Authority 10-11, 22-23
Authority of the Bible 20

Being a Phoney 49
Bible 18,20,23,29
Bible Character Sketch 29
Bible Study 8, 12-13, 29
Birth Control 30-31
Bitterness 44-45, 47

Career Planning 35-36
Carefronting 8
Changing Your Thought Patterns 24-25, 41-42
Character of God 15-16
Character Study 28-29
Child Abuse 44-45
Christ 7,12
Christian Doctrine 20-21
Christian Ethics 26-27
Christian Home 21-22
Christian Husband/Wife Relations 45-46
Christian View of Death 48
Christian Women's Role in Church, Society & Home 42
Christianity vs. Humanism 42-43
Church Relations 31-32,42
Conflict 8, 32-34,44-45
Conscience 26-27
Coping Skills 18-19, 2-34, 40,41-42
Counseling 39-40
Cults 25-26
Current Moral Issues 30-31

Dating 9-10
Death 48
Deeper Repentance 44
Devotions 8

Index

Discipleship 22-23
Doctrine 20-21

Emotions 13-14, 46,47
Ethics 26-27
Euthanasia 30-31
Evangelism 16-17, 25-26

Failure 11, 19, 37-38, 40
Faith 16-17, 28
Feelings - see emotions
Final Evaluation 41
Friendships 6-7, 9-10
Frustrations 32-34, 40

Goal Setting 19, 29, 34
God 7, 12, 15-16, 27
God's Will 29
Gospels 7

Healing of Memories 44-45
Helping Others 39-49
Holy Spirit 16, 27
Home - see Family Relationships
Home Economics 38
Honesty 24-25, 26-27
How to Cope with Frustration, Conflicts & Adversities 32-34, 40
How to Handle Change 41-42
How to Overcome Bitterness 47
Humanism 30-31, 42-43
Husband/Wife Relations 45

Incest 44-45
Inductive Bible Study 12-13
Inner Healing of Memories 44-45

Job Skills 38-39

Index

Letters and Life of Paul 18
Life of Christ 7
Loneliness 47
Lordship of Christ 12

Masturbation 43
Meditation 8
Memories 44
Ministry of Helping Others 39-40
Modesty 16
Money 23-24, 34, 36-37
Moral Issues 30-31
Motivation 20

New Testament Survey 18

Obedience 10-11
Old Testament Survey 23
Opposite Sex Relationships 9-10
Overcoming Worry and Anxiety 46

Parents 10-11
Paul 18
Peer Pressure 17-18
Personal Devotions, Prayer, & Meditation 8
Personal Evangelism 16-17, 25-26
Personal Problems 37-38
Phoney 48
Prayer 8
Presumption 28
Proverbs 28

Raising Your Children 46
Rape 44-45
Rapid Reading Seminar 17
Renewing the Mind 24-25
Repentance 44
Resolving Conflicts from the Past 44-45
Responsibility 4-5
Restoring Family Relationships 5-6

Index

Secular Humanism 30-31, 42-43
Self Discipline 35
Self Image 14-15, 27-28
Sex 9-10, 43
Stewardship 23-24
Submission of Authority 10-11, 22-23
Submission to God & Spiritual Leaders 22-23
Success 11, 19

Talents 23-24
Temptation 40-41
Thoughts 24-25
Time 23-24

Values 26-27
Vocation 4-5, 35-36, 38-39

Weight Control 45
Will of God 29
Women's Role in Church, Society & Home 42
Work 4-5, 35-36, 38-39
Worry 46