

# Overview of 5-12 Month Classes

## Personal Studies for New Life Units Advanced Group Classes PSNL Electives

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This overview lists only the titles of the units and classes suggested for each month. A companion Resource List is available on [www.iteenchallenge.org](http://www.iteenchallenge.org) This Resource List gives books, tapes, and other materials available in English for each of the courses listed for months 5-12.

### Month 5 –Intermediate

#### PSNL Units – 5

1. Work and Responsibility
2. Restoring Family Relationships
3. Friendships
4. Life of Christ/Gospels

#### Group Classes – 5

1. Personal Devotions, Prayer, & Meditation
2. Care-fronting (caring enough to confront)

### Month 6 – Intermediate

#### PSNL Units – 6

1. Opposite Sex Relationships
2. Submission to Authority
3. Success
4. Lordship of Christ

#### Group Classes – 6

1. Inductive Bible Study
2. Emotions

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### **Month 7 – Intermediate**

#### **PSNL Units – 7**

1. Self Image (building a positive attitude toward self)
2. Character of God
3. Modesty
4. Faith

#### **Group Classes – 7**

1. Holy Spirit 1
2. Personal Evangelism

### **Month 8 – Maturing**

#### **PSNL Units – 8**

1. Peer Pressure
2. New Testament Survey, or Letters & Life of Paul
3. Coping Skills
4. Success (motivation, goal setting)
5. Authority of the Bible

#### **Group Classes – 8**

1. Doctrine
2. Christian Home

### **Month 9 – Maturing**

#### **PSNL Units – 9**

1. Submission to God and Spiritual Leaders (discipleship)
2. Old Testament Survey, or a Bible book study
3. Stewardship (time, money, talents)
4. Changing thought patterns

#### **Group Classes – 9**

1. Cults
2. Christian Ethics
3. Holy Spirit II

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#### **Month 10 – Maturing (Preparing for Re-entry)**

##### **PSNL Units – 10**

1. Self Image
2. Faith vs. Presumption
3. Proverbs (self study paper on different kinds of people in that book)
4. God's Will
5. Bible Character Sketch

##### **Group Classes – 10**

1. Current Moral Issues
2. Church Relations

#### **Month 11– Reentry**

##### **PSNL Units – 11**

1. How to cope with frustrations, conflicts, & adversities
2. Money Management
3. Self Discipline
4. Career Planning

##### **Group Classes – 11**

1. Money Management
2. Personal Problems (problem solving techniques)
3. Home Economics (women only) cooking, house cleaning and decorating, hostess, laundry
4. Job Skills

#### **Month 12 – Re-entry**

##### **PSNL Units – 12**

1. Ministry of helping others
2. How to cope with Frustrations, Conflicts, and Adversities
3. Temptation & Failure

##### **Group Classes – 12**

1. How to handle change
2. Christian Women's Role in Church, Society, & Home (In men's centers, this course will deal with men's role.)
3. Christianity vs. Humanism

## **Personal Studies for New Life Elective Units**

1. Being a Phony
2. Christian Husband/Wife Relations
3. Christian View of Death
4. Deeper Repentance
5. Healing of Memories
6. How to Overcome Bitterness
7. Loneliness
8. Masturbation
9. Overcoming Worry & Anxiety
10. Raising Your Children
11. Resolving Conflicts from the Past (physical abuse, rape, incest, child abuse)

For additional information on these courses, contact:

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