

**The Teen Challenge Drug Treatment Program
in Comparative Perspective**

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1999

Telephone Interview Questions used with Teen Challenge Sample

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RESPONDENT NUMBER _____

Date of interview: ____/____/____

Hello, _____, this is Aaron Bicknese. I'm a researcher at Northwestern University studying Teen Challenge. A few months ago you received a letter telling you about my project. Would now be a good time for you to complete a questionnaire, _____? It'll take about 25 or 30 minutes.

I want you to know that the answers you give will remain completely confidential, so neither Teen Challenge nor anyone else will be able to connect your answers to your name.

There's a way you can help speed up this call, _____. So that you won't need to wait for me to write down your answers, would it be all right with you if I use a tape recorder?

1. When did you complete your stay at Teen Challenge?
2. When did you enter the program?
3. Which Teen Challenge center or centers have you been at? (ask which induction center, which training center)
4. How would you rate the Teen Challenge program overall?

Poor	Fair	Good
1	2	3

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5. Since completing Teen Challenge, have you gone through any drug treatment program (including TC re-entry)? [mark on timeline]
- (1) No
 - (2) Yes, completed
 - (3) Yes, but did not complete
 - (4) Yes, still in treatment
 - (5) Halfway House
6. [if yes:] What type of program?
- (1) Inpatient
 - (2) Outpatient
 - (3) Both
 - (4) Teen Challenge Re-entry
7. [if yes to #5:] When did you enter?
8. Before entering Teen Challenge, had you tried any other drug treatment programs?
- (1) No
 - (2) Yes
9. [if yes:] How many times?
10. [if yes to #8] Which programs? (Do you remember the names of that/any of those program[s]?)
- 10a. [if yes to #8] How would you compare the ___ [enter number] programs you have been in?
11. [if yes to #8] How long before you entered Teen Challenge had it been since your last treatment?
- (0) No previous treatment
 - (1) Within a month
 - (2) Within six months
 - (3) Within a year
 - (4) Within two years
 - (5) Over two years prior
12. Have you attended AA or any other support group in the PAST 6 MONTHS?
- (1) No
 - (2) Yes
13. [if yes:] What group?

14. [if yes to #12:] How often?

- a. Stopped going
- b. 1x/month or less
- c. Several x/month
- d. 1x/wk or more

[mark on timeline]

15. [if church small groups are not mentioned:] Have you attended any small groups through a church in the past 6 months?

- (1) No
- (2) Yes

16. [if yes:] What group? [to control for their possible misunderstanding that an AA group that meets at a church is not under the auspices of that church]

17. [if yes to #15:] How often? a. Stopped going
b. 1x/month or less
c. Several x/month
d. 1x/wk or more

[mark on timeline]

18. [if church small groups are mentioned, in response to either #13 or #15:] In this group, are you free to talk about any challenge you are facing?

- (1) No
- (2) Yes

19. During the PAST 6 MONTHS have you had problems with

N	Y	Being bored?
N	Y	Being under stress?
N	Y	Being lonely?
N	Y	Being around others who drink or use drugs?
N	Y	Craving alcohol?
N	Y	Craving drugs?

BACKGROUND INFORMATION

20. Birthdate? ____/____/____

21. Ethnic Origin:

- (1) Asian
- (2) African-American
- (3) Hispanic
- (4) Native American
- (5) White

___ (6) Other (fill in:) _____

22. Native Language

- ___ (1) English
 ___ (2) Spanish
 ___ (3) Other

23. Where were you born and raised?

24. How long did you live there? etc. [establish timeline for respondent's (r's) place of residence until present]

25. [if unclear from timeline:] So would you say you have lived most of your life in a city, a town, or a rural area?

- ___ (1) City
 ___ (2) Town
 ___ (3) Rural Area

26. Who raised you?

27. Until when? etc. [establish timeline for family status to parallel above to the point of TC entry]

28. [as they fill in timeline, make sure they say whom they lived with during year before teen challenge--check all that apply:]

- ___ Alone
 ___ With parents
 ___ With spouse
 ___ With children
 ___ With roommates
 ___ With a sexual partner
 ___ Have no home
 ___ Other

29. When you left Teen Challenge, who did you live with?

- ___ Alone
 ___ With parents
 ___ With spouse
 ___ With children
 ___ With roommates
 ___ With a sexual partner
 ___ Have no home
 ___ Other

30. For how long? etc. [on timeline, outline R's roommate situation since leaving teen challenge until present.]
31. What is your current marital status?
- (1) Never married
 - (2) Divorced
 - (3) Separated
 - (4) Widowed
 - (5) Married
32. Has your marital status changed in the PAST 6 MONTHS?
- (1) No
 - (2) Yes
33. [if yes:] How?
34. Have you had any children?
- (1) No
 - (2) Yes
35. [if yes:] How old are they?
36. [if not clear from timeline whether children under 18 were living with R at time of admission to teen challenge, ask:]
Were children under 18 living with you when you entered
Teen Challenge?
- (1) No
 - (2) Yes
37. Do any of the following describe you? [check all that apply]
- Part-time student
 - Full-time student
 - Disabled person
 - NONE
38. Do you have a job?
- (1) Yes, full-time
 - (2) Yes, part-time
 - (3) No, unemployed

39. During the PAST 6 MONTHS, how many MONTHS have you worked?
- ___ Months full-time
 ___ Months part-time
 ___ Months not worked
40. What was your employment status when you entered Teen Challenge?
- ___ (1) Full-time employment (including student status)
 ___ (2) Part-time employment (including student status)
 ___ (3) Unemployed
 ___ (4) Retired
 ___ (5) Disabled
 ___ (6) Homemaker
41. After leaving Teen Challenge, how long did it take to find your first job?
42. Would you say Teen Challenge made any difference in helping you get a job, or not?
- ___ (1) No
 ___ (2) Yes
- 42a. [if yes:] How?

[if no employment in past 6 months, skip to substance abuse (question #46)]

43. During the PAST 6 MONTHS, did you have problems:
- | | | |
|-----|-----|----------------------------|
| (1) | (2) | |
| No | Yes | With a supervisor or boss? |
| No | Yes | Getting your job done? |
| No | Yes | Making mistakes? |
| No | Yes | Missing work? |
| No | Yes | Being late? |
| No | Yes | Getting injured? |
44. In the LAST MONTH, how many DAYS were you absent from work? ___
45. During the PAST 6 MONTHS were you ever under the influence of alcohol or drugs while working?
- ___ (1) Never
 ___ (2) Less than once a month
 ___ (3) 1 to 3 times a month
 ___ (4) 1 to 3 times a week

_____ (5) Almost every day
SUBSTANCE ABUSE

46. Have you used alcohol/drugs during the PAST 6 MONTHS?

[for those drug groups marked with an asterisk, legitimate uses exist. if the respondent indicates that he has been using any of these drugs for a medical problem, ask "has that been under the direction of a doctor?"]

	No	Yes
a. ALCOHOL	_____	_____
b. MARIJUANA (Hashish)	_____	_____
c. COCAINE (Crack)	_____	_____
d. STIMULANTS (Amphetamines/Speed/Crystal/Meth)	_____	_____
e. *BARBITURATES, SEDATIVES (Sleeping pills)	_____	_____
f. *OPIATES (Heroin/Dilaudid/Morphine)	_____	_____
g. *TRANQUILIZERS (Valium/Librium/Ativan/Xanax)	_____	_____
h1. HALLUCINOGENS (LSD/Acid)	_____	_____
h2. HALLUCINOGENS (PCP/Dust)	_____	_____
i. *PAINKILLERS (Percodan/Talwin/Codeine/Demerol)	_____	_____
j. *OTHER (Glue/Sprays/Paint/over-the-counter)	_____	_____

47. [if respondent has relapsed:] In the PAST 6 MONTHS, what was your longest period of abstinence from all drugs and alcohol? [answer 0 if less than 2 weeks and 1 if 2 weeks to a month]

_____ months

48. How long since last use of drugs or alcohol? [answer 0 if less than 2 weeks and 1 if 2 weeks to a month]

___ months

[if respondent is abstinent, skip to question #54.]

[if respondent has relapsed, and if answer to above is less than 6 months:

49. During how many of the PAST 6 MONTHS did you use any drugs or alcohol?

___ months [enter this number on timeline]

[make sure answers to the above three questions are mathematically consistent.

sum of answers to 47 + 49 must not exceed 6 months.

answer to 48 must not exceed answer to 47.

If there are inconsistencies, gently clarify with respondent:
e.g., "let's see, i'm missing something here, . . ."]

[if R has relapsed, ask:]

During the PAST 6 MONTHS:

50. Has your family or friends objected to your drinking (or drug use)?

___ (1) No
___ (2) Yes

51. Have you neglected some of your usual responsibilities because of drinking (or drug use)?

___ (1) No
___ (2) Yes

52. Have you drank [sic] (or used) enough so that the next day you couldn't remember what you had said or done?

___ (1) No
___ (2) Yes

53. Have you had the shakes or other withdrawal symptoms?

___ (1) No
___ (2) Yes

54. Do you now smoke cigarettes, cigars, or a pipe?

- (1) No
- (2) Yes

55. Had you ever smoked daily before entering Teen Challenge?

56. In the PAST 6 MONTHS, was there a time that lasted at least two weeks when you felt depressed?

- (1) No
- (2) Yes

[if no, skip to question #58]

57. During such a time, which of the following did you also experience? [check all that apply]

- Loss of appetite
- Increased appetite
- Sleep problems
- Loss of energy, fatigue
- Loss of enjoyment in usual activities
- Trouble thinking or concentrating
- Thoughts of suicide

How often did you use _____ during the year before you entered Teen Challenge? [if R has relapsed, use name of specific drug as opposed to name of broad category.]

	NONE	RARELY (less than once/mo)	MONTHLY (1-3 times/mo)	WEEKLY (1-5 days/wk)	DAILY (6-7 days/wk)
58a. ALCOHOL	_____	_____	_____	_____	_____
58b. [if none:] Had you ever used alcohol before entering Teen Challenge? Y N					
58c. [if yes:] How often?					
	_____	_____	_____	_____	_____
59a. MARIJUANA (Hashish)	_____	_____	_____	_____	_____

NONE	RARELY	MONTHLY	WEEKLY	DAILY
	(less	(1-3	(1-5	(6-7
	than	times/mo)	days/wk)	days/wk)
	once/mo)			

59b. [if none:] Had you ever used marijuana before entering Teen Challenge? Y N

59c. [if yes:] How often?

60a. COCAINE _____
(Crack) _____

60b. [if none:] Had you ever used cocaine before entering Teen Challenge? Y N

60c. [if yes:] How often?

61a. STIMULANTS _____
(Amphetamines/Speed/Crystal) _____

61b. [if none:] Had you ever used stimulants before entering Teen Challenge? Y N

61c. [if yes:] How often?

62a. *BARBITURATES, _____
SEDATIVES _____
(Sleeping pills) _____

62b. [if none:] Had you ever used barbiturates or sedatives to get high before entering Teen Challenge? Y N

62c. [if yes:] How often?

63a. *OPIATES _____
(Heroin/Dilaudid/Morphine) _____

63b. [if none:] Had you ever used opiates to get high before entering Teen Challenge? Y N

63c. [if yes:] How often?

NONE	RARELY (less than once/mo)	MONTHLY (1-3 times/mo)	WEEKLY (1-5 days/wk)	DAILY (6-7 days/wk)
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64a. *TRANQUILIZERS _____
(Valium/Librium/Ativan/Xanax) _____

64b. [if none:] Had you ever used tranquilizers to get high before entering Teen Challenge? Y N

64c. [if yes:] How often?

65a. HALLUCINOGENS _____
(LSD/Acid) _____

65b. [if none:] Had you ever used LSD or acid before entering Teen Challenge? Y N

65c. [if yes:] How often?

66a. HALLUCINOGENS _____
(PCP/Dust) _____

66b. [if none:] Had you ever used PCP or dust before entering Teen Challenge? Y N

66c. [if yes:] How often?

67a. *PAINKILLERS _____
(Percodan/Talwin/Codeine/Demerol) _____

67b. [if none:] Had you ever used painkillers to get high before entering Teen Challenge? Y N

67c. [if yes:] How often?

68a. *OTHER _____
(Glue/Sprays/Paint/over-the-counter) _____

68b. [if none:] Had you ever used any other drugs to get high before entering Teen Challenge? Y N

68c. [if yes:] How often?

79. What was it about _____ that you compared yourself with?
80. Before you entered Teen Challenge, how many hours of TV did you watch on an average day?
81. Before you entered Teen Challenge, if you could have spent time with anyone on a weekend, who would it have been?

EDUCATION

82. What was the highest grade in school you completed before entering Teen Challenge?

Grade School	1	2	3	4	5	6	7	8
High School	9	10	11	12				
College/Postgrad	13	14	15	16	17	18	19	20+

83. What is the highest degree you had earned before entering Teen Challenge?

- (1) High School Diploma/GED
- (2) Vocational/Technical/Business School
- (3) Associate Degree
- (4) Bachelor's Degree
- (5) Master's Degree
- (6) MD/JD/Doctorate
- None

84. Have you added to your education since leaving Teen Challenge?

- (1) No
- (2) Yes

85. [if yes:] How?

- (1) High School Diploma/GED
- (2) Vocational/Technical/Business School
- (3) Associate Degree
- (4) Bachelor's Degree
- (5) Master's Degree
- (6) MD/JD/Doctorate

RELIGIOUS HISTORY

[The following set of questions will elicit R's history of religious affiliation, attendance, and belief, which will be recorded on additional columns on the demographic timeline begun at question #23.]

86. Did you grow up going to religious services?

- ___ (1) No
___ (2) Yes

87. [if no:] Did you ever, before entering Teen Challenge?

- ___ (1) No
___ (2) Yes

88. [if yes to either of the above questions:] Where to? [some probing may be necessary to determine the denomination or at least an approximation thereof] [enter under appropriate column on timeline]

89. How often?

- ___ (0) Never
___ (1) Less than once a month
___ (2) Once a month
___ (3) Several times a month
___ (4) Every week
___ (5) Every day

[enter under appropriate column on timeline]

90. Until when? etc. [enter on timeline R's attendance and affiliation until present, making sure to note how soon after TC graduation R became involved in this church]

91. At the time you entered Teen Challenge, how often did you meditate or pray?

- ___ (0) Never
___ (1) Less than once a month
___ (2) Once a month
___ (3) Several times a month
___ (4) Every week
___ (5) Every day

92. When you were growing up, did your mom, dad, or both go with you to religious services?

- (1) Mom
- (2) Dad
- (3) Both
- (4) Neither

93. [if neither:] Did they go to any services at all or did they go to different services?

- (1) None
- (2) Different

94. [if different:] Where to?

[enter under appropriate column on timeline]
[again, some probing may be necessary to determine the denomination or at least an approximation thereof]

95. How often did they attend?

- (0) Never
- (1) Less than once a month
- (2) Once a month
- (3) Several times a month
- (4) Every week
- (5) Every day

[enter under appropriate column on timeline]

96. Can you tell me what you believe tithing means?

97. Is that something you do, or not?

98. "Would you say that you have been 'born again' or have had a 'born-again' experience--that is, a turning point in your life when you committed yourself to Christ?"²

- (1) No
- (2) Yes

99. [if yes:] When?

100. [if during stay at Teen Challenge:] Had anyone ever told you before that about being born again?

- (1) No
- (2) Yes

101. [if yes:] When? [prompt to determine whether R's upbringing included knowledge of this phenomenon, either at home or at church he attended growing up]

102. [fill this in after R gives answer:] (Did R's upbringing include such knowledge?)

- (1) No
- (2) Yes

² Wording of this question: George H. Gallup, The Gallup Poll: Public Opinion 1980 (Wilmington, DE: Scholarly Resources, Inc., 1981), p. 188.

Regarding questions 98-102 and 103-108: Clients of Teen Challenge are encouraged to become born again and to be baptized in the Holy Spirit, as evidenced by speaking in tongues. Hence, in controlling for selection bias, it is important to determine whether these experiences were part of the client's background.

103. Can you tell me what you believe it means to be baptized in the Holy Spirit, as evidenced by speaking in tongues?³
104. Have you ever been baptized in the Holy Spirit, as evidenced by speaking in tongues?
- ___ (1) No
___ (2) Yes
105. [if yes:] When?
106. [if during stay at Teen Challenge:] Had anyone ever told you before that about being baptized in the Holy Spirit, as evidenced by speaking in tongues?
- ___ (1) No
___ (2) Yes
107. [if yes:] When? [prompt to determine whether R's upbringing included knowledge of this phenomenon, either at home or at church he attended growing up]
108. [fill this in after R gives answer:] (Did R's upbringing include such knowledge?)
- ___ (1) No
___ (2) Yes

³ Regarding questions 98-102 and 103-108: Clients of Teen Challenge are encouraged to become born again and to be baptized in the Holy Spirit, as evidenced by speaking in tongues. Hence, in controlling for selection bias, it is important to determine whether these experiences were part of the client's background.

109. Would you say Teen Challenge did something for you in your religious life, or not? (to test strength of any relationship between TC as a fundamental religious experience & the degree to which they recover) If so, what?
110. Now, think about the times when you have a serious personal problem. During those times, how often do you use Christian teaching to solve that problem, on a scale of 1 to 5? Five is always and 1 is never.
111. We all make decisions every day. How much does Christianity influence the decisions you make each day, on a scale of 1 to 5? Five is the most and 1 is the least.

Earlier you said that since graduation from TC, you have lived with _____ [fill in answer from question #29 and #30].

[ask questions #112 and #113 separately for each roommate]

112. Does _____ use drugs or alcohol?

Roommate 1

- ___ (1) No
___ (2) Yes

Roommate 2

- ___ (1) No
___ (2) Yes

Roommate 3

- ___ (1) No
___ (2) Yes

113. How often does _____ attend church?

Roommate 1

- ___ (0) Never
___ (1) Less than once a month
___ (2) Several times a month
___ (3) Every week
___ (4) Every day

Roommate 2

- (0) Never
 (1) Less than once a month
 (2) Several times a month
 (3) Every week
 (4) Every day

Roommate 3

- (0) Never
 (1) Less than once a month
 (2) Several times a month
 (3) Every week
 (4) Every day

114. _____, how did you get along with your parents growing up, on a scale of 1 to 5? Five is great and 1 is awful.

_____ Mom

_____ Dad

LEGAL STATUS

115. During the PAST 6 MONTHS, how many times as a driver were you involved in a motor vehicle accident (car, truck, motorcycle, boat, snowmobile)?

NUMBER OF ACCIDENTS: 0 1 2 3+

116. Including moving traffic violations, have you been arrested in the PAST 6 MONTHS?

- (1) No
 (2) Yes

[if not arrested for any reason during the past 6 months, skip to question #119]

117. During the PAST 6 MONTHS, how many times were you arrested for

DWI or DUI?	0	1	2	3+
Speeding or other moving traffic violation?	0	1	2	3+
Disorderly conduct?	0	1	2	3+
Assault or battery?	0	1	2	3+

Theft, robbery, burglary?	0	1	2	3+	307
Vandalism or destruction of property?	0	1	2	3+	
Possession of drugs or drug paraphernalia?	0	1	2	3+	
Sale of drugs?	0	1	2	3+	
Other?	0	1	2	3+	

118. Have you been in jail overnight in the PAST 6 MONTHS?

- (1) No
 (2) Yes

Now I want you to think back to the year before you entered Teen Challenge for the following questions:

119. Had your family or friends ever objected to your drinking or drug use during the year before you entered Teen Challenge?

- No
 Alcohol
 Marijuana
 Cocaine
 Other drugs

120. Typically, when you used drugs or alcohol, did you:

- (1) Always use with other people?
 (2) Usually use with other people?
 (3) Use alone about half the time?
 (4) Usually use alone?

120a. [if relapsed:] How about since Teen Challenge?

- (1) Always use with other people?
 (2) Usually use with other people?
 (3) Use alone about half the time?
 (4) Usually use alone?

121. During the year before you entered Teen Challenge, how many times as a driver were you involved in a motor vehicle accident (car, truck, motorcycle, boat, snowmobile)?

0 1 2 3+

122. During the year before you entered Teen Challenge, how many times were you arrested? (including moving traffic violations)

a. DWI or DUI?	0	1	2	3+
b. Speeding or other moving traffic violation?	0	1	2	3+
c. Disorderly conduct?	0	1	2	3+
d. Assault or battery?	0	1	2	3+
e. Theft, robbery, burglary?	0	1	2	3+
f. Vandalism or destruction of property?	0	1	2	3+
g. Possession of drugs or drug paraphernalia?	0	1	2	3+
h. Sale of drugs?	0	1	2	3+
i. Other?	0	1	2	3+

[if no arrests, skip to #124.]

123. During the year before you entered Teen Challenge, were you ever jailed overnight?

___ (1) No
___ (2) Yes

124. Of the twelve months before you entered Teen Challenge, how many months were you on welfare?

125. How were you referred to Teen Challenge? [check all that apply]

___ Court	___ Physician
___ Detox Center	___ School
___ Employer/EAP	___ Self
___ Family	___ Social Worker
___ Friends	___ Church
___ Mental Health Worker	___ Other (what?)

126. Did you enter Teen Challenge as a direct result of . . .

No	Yes	
___	___	DWI or DUI arrest
___	___	Other court action
___	___	In lieu of incarceration
___	___	Ultimatum from employer
___	___	Ultimatum from mate

[for 24-month graduates only, continue. 18-month graduates, skip to #131:]

NOW I AM GOING TO ASK YOU A FEW MORE QUESTIONS. FOR THESE I WANT YOU TO CONSIDER THE PAST YEAR, OCTOBER 1994 TO OCTOBER 1995.

127. During the year October 1994 - October 1995, did you go back to treatment? [do not count halfway house, extended care, or aftercare]

- ___ (1) No
___ (2) Yes

[if timeline for #5 is marked yes, and they say no to #127, there's a problem. gently clarify with respondent: e.g., "let's see, i'm missing something here . . ."]

128. During how many of the 12 months did you drink any alcohol?

[answer may not exceed 6 + number entered on timeline blank for #49.]

129. During how many of the 12 months did you use any mood-altering drugs? [do not count prescribed or OTC drugs]

[answer may not exceed 6 + number entered on timeline blank for #49.]

[sum of answers to #128 and #129 must be \geq number entered on timeline blank for #49.]

130. During how many of the 12 months did you attend AA or other support group at least 3 times a month?

[if answer to #14,17 on timeline is NA, a, or b, then answer here must be \leq 6 months.]

Now I am going to read a brief list of things that . . .

[for relapsed patients] may have contributed to your drinking (or drug use).

[for abstinent patients] may have made your recovery difficult.

Please respond yes or no to each to indicate whether it . . .

[for relapsed patients] contributed to your starting to drink (or use drugs).

[for abstinent patients] made it hard to avoid drinking (or drug use).

131. Marital or relationship problems? __No __Yes __Unsure
132. Stress from family problems? __No __Yes __Unsure
133. Financial problems? __No __Yes __Unsure
134. Boredom, loneliness, anger,
 or depression? __No __Yes __Unsure
135. Craving alcohol or drugs? __No __Yes __Unsure
136. Not really wanting to quit? __No __Yes __Unsure
137. Within the first six months after completing the Teen Challenge
 program, how strong was your desire to drink or use drugs?
- ____ (1) very strong
- ____ (2) moderate
- ____ (3) weak
- ____ (4) no desire
138. Within the last six months, how strong has your desire been to
 drink or use drugs?
- ____ (1) very strong
- ____ (2) moderate
- ____ (3) weak
- ____ (4) no desire
139. Can you think of two people whom you now try most to please or to
 be accepted by?
140. What is it about _____ that makes you want to be accepted
 by them?