

In the Living Free kit, you'll find the tools needed to meet people where they are. Your church or ministry can unleash a new kind of group leader—one who understands how tough life can be, but also knows the hope and freedom found in Christ. This dynamic DVD training helps participants learn how and why life-controlling problems develop...and how they can help others caught in this trap.

The Participant's Guide is a carefully designed resource to help you receive the maximum benefit from the Living Free DVD-based training. The Coordinator's Guide includes everything found in the Participant's Guide, plus step-by-step instructions for leading a streamlined training process.



- **Relationship-based ministry**
- **A new kind of leader unleashed to do small group ministry**
- **A new way to do community outreach**
- **The joy of seeing people learn to live in godly freedom**

Living Free Kit contains
 Coordinator's Guide
 Participant's Guide
 2 DVDs
 Core Team Manual

- 8 training segments designed to give people a safe place to deal with the issues they face while unleashing a new wave of group leaders
- Compatible with all LivingFree™ curriculum or other small group curriculums.
- 6 hours of training can be spread over a few weeks or fit into one weekend.

LivingFree™

Helping people discover God's path to **hope, faith, and freedom**

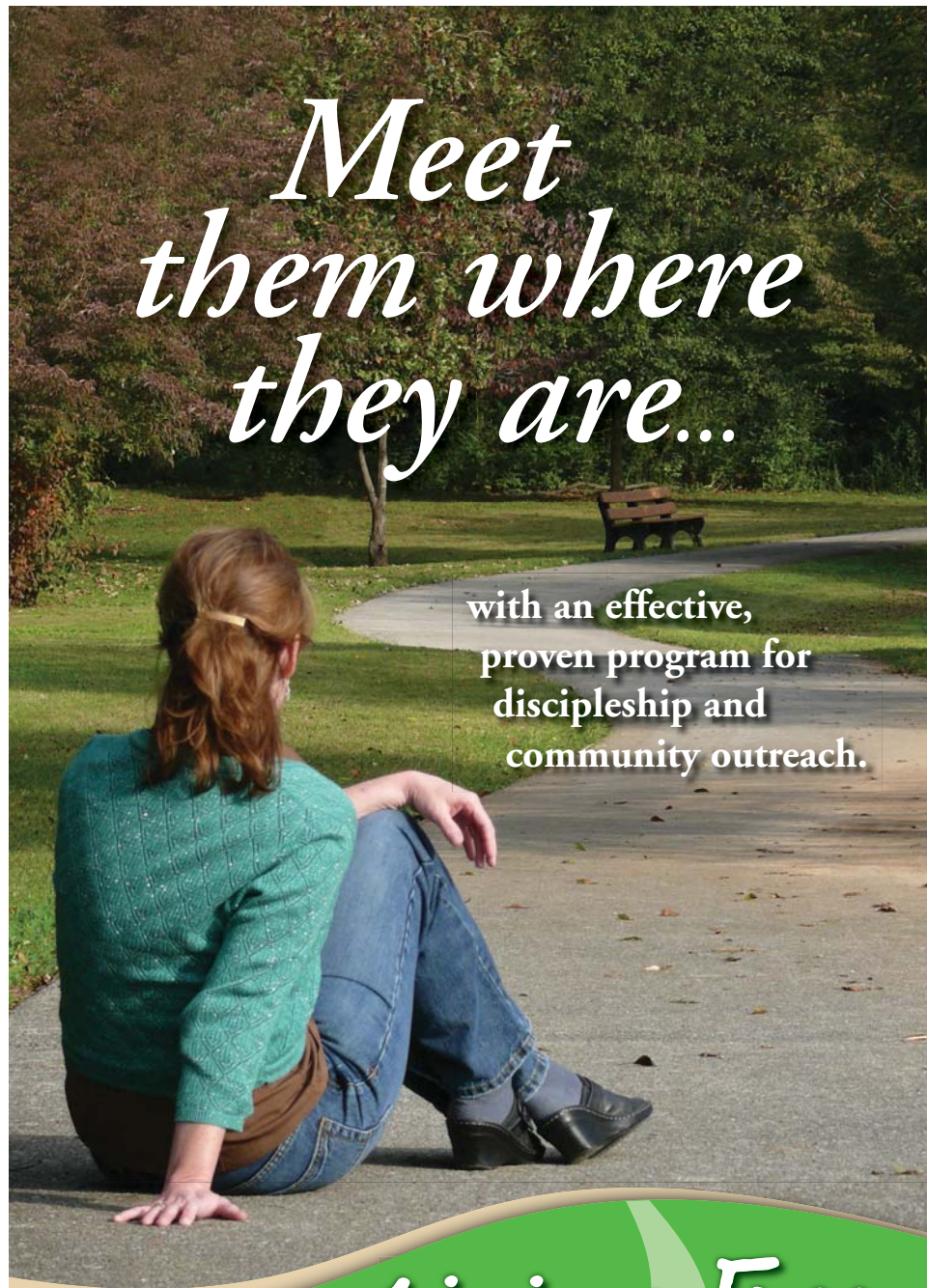


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Meet them where they are...

with an effective, proven program for discipleship and community outreach.



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What holds people back?

- attitudes • behaviors • emotions
- relationships • substances

On the surface, many people seem to lead happy and successful lives. However, below the surface, life-controlling issues are keeping them from fully becoming the person God desires them to be.

Living Free provides resources, training, and an adaptable bible-based program that helps create a compassionate and safe environment where people can turn to God and his resources when dealing with life's problems.



Living Free is a flexible ministry program that is being used

- In rural, suburban, and urban churches.
- In crisis pregnancy centers.
- In halfway houses.
- In prisons and jails.
- In Dream Centers.
- As a missions strategy in various countries.
- As a model for church planting.
- In Teen Challenge ministries.
- By Christian counselors.
- In Christian education hours and small groups.

Living Free | church

church-centered growth and healing

The truth is, *everyone* struggles with sin and it can manifest itself in various forms. With a focus on moving churches toward a deeper relationship with Christ and His purpose, Living Free helps those hiding behind their “Sunday Smiles” toward godly freedom.

Living Free is a safe place where people examine what might be holding them back and find strength to move ahead. Living Free groups are places where people learn to drop unnecessary burdens and make choices that help them grow to their full potential in Christ.



- Bible-centered
- Powerful Outreach
- Benefits for Everyone



One Tool, Many Methods

Living Free™ is a scalable ministry program that can be used by a single church or by a network of churches cooperating in community-wide ministry.

Living Free | community

churches united in community ministry

You don't have to look very hard to find someone suffering from the effects of life-controlling issues in your community or neighborhood. Imagine a community where believers are fulfilling the great commission by providing people outside the church with hope, faith and freedom.

Living Free Community provides the training and resources to make a lasting impact on your community.