

# 青年挑战咨询辅导工作介绍

## Introduction to Counseling in Teen Challenge

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### 1. The reality of working in Teen Challenge 在青年挑战工作面临的实际情况

- a. People come with lots of \_\_\_\_\_  
人们带着各种\_\_\_\_\_进来
- b. Many have deep \_\_\_\_\_ from their past  
许多人从以往的经历中受到很深的\_\_\_\_\_
- c. Trauma 内心创伤
- d. 90% of women have background of \_\_\_\_\_ abuse  
90%的女学员曾受到\_\_\_\_\_虐待
- e. Most TC staff are not trained as professional counselors  
许多的青年挑战员工没接受过专业的有关辅导咨询的培训

### 2. Teen Challenge is first of all a Christian \_\_\_\_\_ ministry before being a \_\_\_\_\_ ministry

青年挑战首先是一个基督徒\_\_\_\_\_事工，其次才是\_\_\_\_\_事工

With the illustration of a train—what does the engine represent in your ministry?

-拿火车举例—发动机在你的事工中代表什么

### 3. Don't promise quick \_\_\_\_\_

不要承诺快速的\_\_\_\_\_

### 4. Don't make \_\_\_\_\_ for the person

不要替别人做\_\_\_\_\_

Instead, give: 相反，给出:

- Ideas 一些想法
- Alternatives 不同的办法
- Information 信息

### 5. Listen! 倾听!

**6. Help break down \_\_\_\_\_ beliefs**

帮助他们打破\_\_\_\_\_的想法

**7. Don't allow students to become \_\_\_\_\_ on you**

不要使学员对你产生\_\_\_\_\_

“You are the only one who can help me!” 你是唯一能帮我的人！”

**8. Point them to \_\_\_\_\_ as the real source of help**

把他们指向\_\_\_\_\_, 真正帮助我们的源泉

Hebrews 12:1-2 希伯来书 12: 1-2

**9. Help them identify \_\_\_\_\_ problems**

帮助他们认识到问题的\_\_\_\_\_

**10. Help them develop \_\_\_\_\_ skills**

帮助他们培养\_\_\_\_\_的能力

James 1:2-5 雅各书 1: 2-5

**11. Help them learn how to “put off” and “put on” in their life so they can become all that Jesus wants them to be.**

帮助他们学会如何“脱下”旧人和“穿上”新人，成为耶稣想要他们变成的样式

Colossians 3:1-17 歌罗西书 3: 1-17 2 Peter 1:3-11 彼得后书 1: 3-11

**12. Questions for discussion 问题讨论**

**Contact Information: 联系方式: [www.Globaltc.org](http://www.Globaltc.org) [www.iTeenChallenge.org](http://www.iTeenChallenge.org)**