

Introduction to Counseling in Teen Challenge

By Dave Batty

1. The reality of working in Teen Challenge

- a. People come with lots of _____
- b. Many have deep _____ from their past
- c. Trauma
- d. 90% of women have background of _____ abuse
- e. Most TC staff are not trained as professional counselors

2. Teen Challenge is first of all a Christian _____ ministry before being a _____ ministry

With the illustration of a train—what does the engine represent in your ministry?

3. Don't promise quick _____

4. Don't _____ for the person you are counseling instead, give ideas, alternatives and information

5. Listen!

6. Help break down _____ beliefs

7. **Don't allow students to become _____ on you**
"You are the only one who can help me!"

8. **Point them to _____ as the real source of help**
Hebrews 12:1-2

9. **Help them identify _____ problems**

10. **Help them develop _____ skills**
James 1:2-5

11. **Help them learn how to "put off" and "put on" in their life so they can become all that Jesus wants them to be.**
Colossians 3:1-17 2 Peter 1:3-11

12. **Questions for discussion**

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