

青年挑战咨询辅导工作介绍-带答案

Introduction to Counseling in Teen Challenge—with answers

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1. The reality of working in Teen Challenge 在青年挑战工作面临的实际情况

- a. People come with lots of **problems**
人们带着各种**问题**进来
- b. Many have deep **damage** from their past
许多人从以往的经历中受到很深的**伤害**
- c. Trauma 内心创伤
- d. 90% of women have background of **sexual** abuse
90%的女学员曾受到**性**虐待
- e. Most TC staff are not trained as professional counselors
许多的青年挑战员工没接受过专业的有关辅导咨询的培训

2. Teen Challenge is first of all a Christian **discipleship** ministry before being a **counseling** ministry

青年挑战首先是一个基督徒**门徒训练**事工，其次才是**咨询辅导**事工

With the illustration of a train—what does the engine represent in your ministry?

-拿火车举例—发动机在你的事工中代表什么

3. Don't promise quick **solutions**

不要承诺快速的**解决办法**

4. Don't make **decisions** for the person 不要替别人做**决定**

Instead, give: 相反，给出:

- Ideas 一些想法
- Alternatives 不同的办法
- Information 信息

5. Listen! 倾听

6. Help break down false beliefs

帮助他们打破错误的想法

7. Don't allow students to become dependent on you

不要使学员对你产生依赖性

“You are the only one who can help me!” 你是唯一能帮我的人！”

8. Point them to Jesus as the real source of help

把他们指向耶稣，真正帮助我们的源泉

Hebrews 12:1-2 希伯来书 12: 1-2

9. Help them identify root problems

帮助他们认识到问题的根源

10. Help them develop problem solving skills

帮助他们培养解决问题的能力

James 1:2-5 雅各书 1: 2-5

11. Help them learn how to “put off” and “put on” in their life so they can become all that Jesus wants them to be.

帮助他们学会如何“脱下”旧人和“穿上”新人，成为耶稣想要他们变成的样式

Colossians 3:1-17 歌罗西书 3: 1-17 2 Peter 1:3-11 彼得后书 1: 3-11

12. Questions for discussion 问题讨论

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