

I Dare You online course

By Dr. Lynn Elder

Course Description

This *I Dare You* online course is based on the seminar by Dr. Lynn Elder. The biblical principles taught throughout this course will help break the emotional, mental, physical and spiritual bondages of your life. Many have found freedom from self pity, guilt, shame, fear and rejection and have found enduring love and acceptance in the arms of God.

This course is designed for personal study and can be used in the Personal Studies for New Life classes or as an independent study and is beneficial for many audiences including Teen Challenge students, graduates, Bible study groups as well as being an excellent staff training course for those who work with individuals coming from dysfunctional backgrounds.

Link to course

Link: <https://idareyouseminar.com/>

What is in this course?

This *I Dare You* online course is divided into 3 parts. When you sign up for this course, you can register for the entire course, or you can choose to sign up for each part one at a time.

Part 1: Dare to Say “No” to Yourself

There are 8 lessons in Part 1.

This series deals with identifying areas of your flesh and how to say “No” to yourself. You will also examine our basic needs for love, acceptance and to be needed and how to get these needs met in a godly way. You will learn how to give your expectations to God and submit to His control in your life.

Part 2: From Victim to Victor

There are 6 lessons in Part 2.

These lessons are based on Luke 2:52, how Jesus grew in wisdom, stature, in favor with God and favor with man. You will examine how these four areas of growth: mentally, physically, spiritually and emotionally/socially are also four areas of battle and will learn how to be victorious over these areas. You will also learn the six rules for building spiritual relationships.

Part 3: Building Spiritual Relationships

There are 9 lessons in Part 3.

In Part 3 you will examine God's plan for the family and how to improve communication with your spouse. You will explore the different ways that men and women think in regards to relationships. You will also study how to be a contented single and discover how to receive healing and restoration from past unhealthy relationships.

What is the cost of this course?

This *I Dare You* online course offers several options for purchasing this course. A group rate is available for ministries. The course can also be purchased at an individual rate. See the website for I Dare You for current pricing options.

What others are saying about this course

As a retired Teen Challenge teacher I often implemented Dr Elder's "I Dare you" materials in our class room. Dr Elder's course had a very powerful impact on each of the students and was pivotal in their walk with the Lord. It is very understandable, packed with practical and spiritual solutions to many of life's struggles. Dr Elder's "I Dare You" seminar was definitely a life changing experience for me as well. I continue to apply many of the spiritual truths that I gleaned from Dr Elder's course in my own personal life.

■ **DONNA ASBERRY, USA**

By following the precepts and principles Lynn Elder has laid out in "I Dare You", you will find help and hope to move through one's earthly journey in wholeness. When you see mountains looming, this series will arm you with a God anointed and Biblically sound way to scale those heights. "I Dare You" offers a way back on your feet with a thorough equipping for the strenuous climb called life.

■ **ANN PINDER HUNT, USA**

My life had been a black hole before I came to Teen Challenge. I was living a self-centered life, but never found my purpose. I kept digging the hole deeper, never realizing that I just wanted to feel loved, accepted, and needed. I guess I'm writing you because too many times you don't get to thank someone for the work they've done in your life. Well, I can't swallow that! It will not go untold to you that you have helped me get a new start. God sent you here to set up building blocks for all of us. I thank you for honoring His call.

■ **BRENDA FARDRICH, Teen Challenge Resident**

“I Dare You” contains profound and life-changing truths. The principles, if applied, will radically change how you look at relationships and marriage. Implement the wisdom and you will have healthier relationships.

■ **ROSEMARY REDSHAW**, Executive Director, New Life Prison Ministries

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