



EXIT PLAN FOR GRADUATING STUDENTS

Begin 60 days prior to student's graduation, complete and turn in 30 prior
****Keep the Exit Plan in focus during each mentoring session over this time****

Student Name: _____ Date: _____

Married: YES NO Children: YES NO If yes, how many? _____

Phone number: _____

Email: _____

***Please ask your mentor to help you create a new email address. No @teenchallenge.cc address will be used for aftercare.**

TCSE would like to provide a complimentary consultation through our licensed programming division, HOPE Counseling. Would you like to take advantage of this opportunity to assist in your aftercare? YES NO

****If yes, please ask your mentor to email Jim Goins to schedule your consultation. Once scheduled, list details below:**

Consultation scheduled for - Date: ____/____/____ Time: _____

On probation: YES NO

If yes, probation officer's name: _____

Phone number: _____

Email: _____

Probation end date: _____

1. Who will you be staying with when you depart Teen Challenge?

Name: _____

Address: _____

Phone number: _____

Email: _____



2. What is your relationship to this person? How is your relationship with them?

3. Do the members of this household live a drug and alcohol free lifestyle? Circle YES/NO. If the answer is no, is this a healthy environment for you? Why?

4. Are the members of this household active Christians? Circle YES/NO. If the answer is no, is this a healthy environment for you? Why?

5. If the members of this household are active Christians, what Church do they attend?

6. What church will you attend?

Name: _____

Pastor: _____

Address: _____

Phone Number: _____

YOU NEED TO TITHE FAITHFULLY.



7. How is your relationship with other family that live outside of this household?

8. What are your plans for continuing discipleship?

9. What type of church group or ministry do you plan on joining?

10. How close is the church to where you will be living?

11. How will you get there and back?

12. What type of recovery group do you plan to participate in? For example: Celebrate Recovery.



13. You need three accountability partners. They need to be someone from church, ministry, or your recovery group. One of these must be a staff member where you are currently a student.

Name: _____

Address: _____

Phone Number: _____

Email: _____

Name: _____

Address: _____

Phone Number: _____

Email: _____

Name: _____

Address: _____

Phone Number: _____

Email: _____

14. You need to tell your pastor and accountability partner that you are a Teen Challenge graduate.

15. Will you allow your pastor and accountability partner to ask the tough questions, look for you if you hide out, and hold you accountable? Circle YES/NO.



16. What places are you most likely to be if you were to hide out?

- a. _____
- b. _____
- c. _____

17. Do you have a job lined up? Circle YES/NO. If yes:

Company name: _____

Supervisor: _____

You need to let your supervisor know we will be calling.

Address: _____

Phone Number: _____

Email: _____

18. If you do not have a job lined up, what are your plans? Where will you look for employment?

19. What will you be doing to support yourself until you find a job?

20. If you plan on attending school, you need to obtain part time employment at minimum.



PLANNING FOR THE FUTURE

In the following section, you will establish incremental goals for the 18 months after completing Teen Challenge. We will be contacting you at 1, 2, 3, 6, 12, and 18 months after you graduate to see how you are doing and if there is anything we can do to help your transition. You need to inform your accountability partner of the goals you have set.

21. **What goals do you want to have completed 1 month after completing Teen Challenge?**

Finances:

- Open a checking account.
- Create a monthly budget including tithes and offerings.

• _____

Vocation:

- If you have not already, acquire gainful employment.

• _____

• _____

Education:

- If you do not have your GED; enroll in a minimum of one class to begin obtaining your GED.

• _____

• _____

Housing:

- If you have not already; establish a healthy place to live.

• _____

• _____

Spiritual

- Obtain a home church.
- Keep a daily devotion journal.
- Join a small group, life group, or recovery group at the home church you are attending.



Legal (if applicable):

- If on probation, report to probation office.

- _____
- _____

Other:

- Establish reliable transportation to work, church, and small group.
- Complete the 1 month follow-up with Teen Challenge Aftercare sent to your personal email.
- Establish communication with Teen Challenge leadership and members of home support system.

22. What goals do you want to have completed by 2 months? *Reflect over past goals.*

Finances:

- Open a savings account.
- Refine budget.

- _____

Vocation:

- Maintain stable employment.

- _____
- _____

Education:

- Establish potential vocational, financial, or ministerial opportunities to further your education.

- _____
- _____

Housing:

- Maintain stable housing.

- _____
- _____



Spiritual

- Identify and join a church volunteer ministry.

- Continue daily devotion journal.

- _____

Legal (if applicable):

- Notify necessary parties of any legal changes.

- _____

- _____

Other:

- Complete the 2 month follow-up with Teen Challenge Aftercare sent to your personal email.

- Maintain communication with Teen Challenge leadership and members of home support system.

- _____

23. What goals do you want to have completed by 3 months? *Reflect over past goals.*

Finances:

- Obtain credit reports from all 3 major credit bureaus and begin the process of debt settlement and credit repair.

- Plan and refine budget to begin an emergency savings fund that covers 3 to 6 months of expenses.

- _____

Vocation:

- Maintain gainful employment.

- _____

- _____

Education:

- Begin working toward educational, financial, or ministerial goals.

- _____

- _____



Housing:

- Maintain stable housing.

- _____
- _____

Spiritual

- Continue to be actively involved in church, small group, and volunteer opportunities.
- Continue daily devotion journal.

- _____

Legal (if applicable):

- Notify necessary parties of any legal changes.

- _____
- _____

Other:

- Complete the 3 month follow-up with Teen Challenge Aftercare sent to your personal email.
- Maintain communication with Teen Challenge leadership and members of home support system.

- _____

24. What goals do you want to have completed by 6 months? *Reflect over past goals.*

Finances:

- Continue building emergency savings fund, repairing credit, and settling debt.

- _____
- _____

Vocation:

- Continue to maintain a stable job.

- _____
- _____



Education:

- Continue with educational goals, and establish new goals if necessary.

- _____
- _____

Housing:

- Continue to maintain stable housing.

- _____
- _____

Spiritual

- Begin membership process with your home church.

- Continue daily devotion journal.

- _____

Legal (if applicable):

- Notify necessary parties of any legal changes.

- _____
- _____

Other:

- Complete the 6 month follow-up with Teen Challenge Aftercare sent to your personal email.

- Maintain communication with Teen Challenge leadership and members of home support system.

- _____

25. What goals do you want to have completed by 12 months? *Reflect over past goals.*

Finances:

- _____
- _____
- _____



Vocation:

- Maintain gainful employment.

- _____
- _____

Education:

- Continue with educational goals.

- _____
- _____

Housing:

- Maintain stable housing.

- _____
- _____

Spiritual

- Continue to be actively involved in church, small group, and volunteer opportunities.

- Continue daily devotion journal.

- _____

Legal (if applicable):

- Notify necessary parties of any legal changes.

- _____
- _____

Other:

- Complete the 12 month follow-up with Teen Challenge Aftercare sent to your personal email.

- Maintain communication with Teen Challenge leadership and members of home support system.

- _____



26. What goals do you want to have completed by 18 months? *Reflect over past goals.*

Finances:

- _____
- _____
- _____

Vocation:

- Maintain gainful employment.
- _____
- _____

Education:

- Continue with educational goals.
- _____
- _____

Housing:

- Maintain stable housing.
- _____
- _____

Spiritual

- Continue to be actively involved in church, small group, and volunteer opportunities.
- Continue daily devotion journal.
- _____

Legal (if applicable):

- Notify necessary parties of any legal changes.
- _____
- _____

Other:



- Complete the 18 month follow-up with Teen Challenge Aftercare sent to your personal email.
- Maintain communication with Teen Challenge leadership and members of home support system.
- _____

Please feel free to list any additional details or those not expressly talked about in the Exit Plan below: