

# Beyond Abuse Seminar

Presenter: Sallie Culbreth, Director and founder of Committed to Freedom

**... to help abuse survivors and their loved ones find hope, understanding, empowerment, and strategies for healing**

This 5 hour seminar is for men and women who are survivors of abuse, their partners, family, and friends, and those who want to gain a better understanding of how abuse impacts a person's life. The seminar combines practical information and spiritual insights that will provide significant help. A fill-in-the-blank workbook follows the presentation.

Survivors, partners, friends, and survivor support networks will find this to be significant and helpful.

## Topics covered during the seminar include:

- What abuse teaches.
- The issues that abuse survivors struggle with.
- How God factors into abuse recovery.
- The sub-text of Christ's experiences.
- Strategies to manage stress.

This seminar will provide Teen Challenge staff with excellent insights on how abuse affects a person. It will also provide tools for how to move beyond the damage of abuse.

Three options are available for receiving this training.

1. You can attend a **Beyond Abuse Seminar** that is already scheduled in your area. Go to the [www.CommittedtoFreedom.org](http://www.CommittedtoFreedom.org) website for a current list of seminar dates and locations.
2. You can bring a **Beyond Abuse Seminar** to your area. Contact information is on the Beyond Abuse Seminar page on the website: [www.CommittedtoFreedom.org](http://www.CommittedtoFreedom.org)
3. You can purchase a DVD of the **Beyond Abuse Seminar**, which also comes with the workbook and go through the training personally. Purchase the DVD set at the online bookstore "Shop Resources" at [www.CommittedtoFreedom.org](http://www.CommittedtoFreedom.org) At the present time, this DVD set is only available in English.

Other resources and helps (both free and for purchase) are available at the website [www.CommittedtoFreedom.org](http://www.CommittedtoFreedom.org) to assist you in better understanding how to work with those who have been abused. You can also sign up for weekly podcasts and other communications.