**Anger**

**Student Goals**

Areas of Growth

Questions or Problems I am facing

Subjects I would like to study

**Major Theme**

Controlling My Anger

**Minor Theme**

What Does God Say About Anger

**Goals**

Learn to correctly deal with my anger

Educate myself in what God says about anger

3. Student Goals

4. Student Goals

**Lessons & Bible Study**

201 Showing Kindness

The Acid of Anger

work through and read

**Scripture Memorization Class**

Col. 3:8, Eph. 4:14-15, James 1:19-21

Find 1 verse of your own on Anger

Include 4 SMC Worksheets & 4 SMC tests

**Character Qualities**

Meekness, Tolerance, Self-Control

Include CQ Checklist

3 CQ worksheets/3 CQ tests

**Personal Reading**

Anger Workbook by Lorrainne Bilodeau/ISBN 1568380542

Do questions on your own paper

or

2 pg. (f&b) report on what you learned

or

Overcoming Emotions that Destroy by Chip Ingram/ISBN 0801072395

Uprooting Anger by Robert D Jones/ISBN 1596380055

**Bible Reading Class**

James

Job

project #3 in bible reading class book

**Special Projects**

Journal your present times of anger

Tell why you are angry

How you are going to resolve it

What was the outcome?

**Completion**

Report on how contract benefited student and how much they have grown