

Addiction Basics

By Dave Batty
Participant Notesheet **with Answers**

1. Teen Challenge Staff Training

Track:	T5	The Teen Challenge Program
Topics:	507	Addictions
Course Number:	507.02	Addiction Basics
Author:	Dave Batty	
Level:	1	

2. Course Description:

This course provides a very basic introduction to addictions. An overview is given of the stages a person goes through in developing an addiction. We explore how Teen Challenge addresses addictions from a Biblical perspective.

3. Suggested teaching schedule: 1 hour

4. Materials available:

Teacher's Notes (<i>coming soon</i>)	PowerPoint Presentation
Participant Notesheet	Audio mp3 (<i>coming soon</i>)
Participant Notesheet/Answer key	Video (<i>coming soon</i>)

(For more information on the latest resources available for this course, check the website: iTeenChallenge.org)

5. How this course can be used:

This course is for training current and potential leaders for Teen Challenge ministry. It can be used in a variety of settings:

1. As an individual self study course: You can read through the materials available and listen to the audio or watch the video. We encourage you to take notes on how you can relate this to your own situation.
2. Play the audio/video tape of this session for your training. Provide each one attending a copy of the Participant Notesheet. We encourage you to use the PowerPoint presentation as you listen to the tape. If you use this option, it would be best to follow with a discussion of how you can begin applying these principles in your own setting.
3. Use these resources to plan your own teaching of this course in your local ministry setting. We encourage you to provide each one with a copy of the Participant Notesheet or create your own notesheet.

6. **Background reading:** For additional study on this topic: List books, etc.
The Cross and the Switchblade, by David Wilkerson
Philosophy of Teen Challenge, by David Batty
Teen Challenge Therapeutic Model, by Doug Wever
Good News for the Chemically Dependent, Jeffrey VanVonderen
7. **Translation of this course:** Please check the website iTeenChallenge.org to see if this course is already available in your language. We are very interested in offering this course in other languages. If you translate this course, please send a copy to Global Teen Challenge at gtc@globaltc.org
8. **Video or audio of this course:** Please check the website iTeenChallenge.org to see if a video or audio version of this course is already available in your language. We are very interested in offering this course in other languages. If you teach this course, please make a video or audio recording of the training and send a copy to Global Teen Challenge at gtc@globaltc.org or mail it to the address listed below.
9. **Request for evaluations and feedback:** Global Teen Challenge is seeking to improve the training resources it provides. Your evaluation and feedback would be most helpful to the on-going development of this course and other training resources. You can email your comments directly to gtc@globaltc.org or go to the website: iTeenChallenge.org and click on the **Contact Us** button.

Global Teen Challenge is also looking to expand the training resources for equipping leaders in Teen Challenge centers around the world. If there are other topics you would like to study, please send your ideas to the address below. If you have training materials that you would like to recommend, please send those ideas as well.

10. **Contact information**

Global Teen Challenge
PO Box 511
Columbus, GA 31902 USA

Phone: 1-706-576-6555

Email: gtc@globaltc.org

Websites: Teen Challenge Training resources: www.iTeenChallenge.org

Global Teen Challenge: www.Globaltc.org

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1. Teen Challenge history on dealing with addictions

- a. Drug treatment 50 years ago when TC started—not much hope for a cure
- b. Faith-based solution not widely accepted by treatment professionals

2. Definition of addiction

- a. **Chemical dependency** (addiction) is the process of increasingly turning to **chemical use** to meet life's needs. —Jeffrey VanVonderan

Other addictions:

- b. “I will not be mastered by anything.” 1 Corinthians 6:12

3. Life-controlling problems, not just drug addiction causes damage

- a. False beliefs/delusion/denial
- b. Parallel addictions
- c. Symptoms vs root problems
- d. **Deep damage** from abuse and neglect

4. 4 stages of addiction

- a. **Experimentation**
- b. **Social** Use
- c. **Harmful** Abuse (Daily Preoccupation)

- d. Uses to feel **normal**

- 5. **Addiction is death on the installment plan**

- 6. **What is the process of real change?**
 - addict >> ex-addict >> non-addict

 - Real change involves transformation of your whole life, not just to get off drugs.

- 7. **What are the keys to overcoming addiction?**
 - a. **Relationship** with Jesus

 - b. **Renewing** your mind

 - c. “Put off” **old** way of living and “put on” **new** way of living

 - d. Come back to Jeff VanVonderen’s definition of addiction

God dependency is the process of increasingly turning to **God** to meet life’s needs.

8. Questions for discussion

Contact Information: www.Globaltc.org www.iTeenChallenge.org