Counseling in the PSNC Classes – with Answers

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9P PSNC Teacher Training Session

Your PSNC car: Counseling – conversations with great value!

A. The role of the teacher in the PSNC classroom

- 1. **Every** interaction with the students in the PSNC classes provides an **opportunity** to counsel them.
- 2. The teacher is not just "baby-sitting" watching the students as they do their work.

B. When does counseling take place in the PSNC classroom?

- 1. Each student works at his own desk.
- 2. Each student has a flag to put up when they need to talk to the teacher.
- 3. We need to see counseling as much <u>bigger</u> than just a formal "sit down" counseling session.
- 4. How can we guide them into God's truth in their lives? —all day long
- 5. How can we help them in their personal search for a closer relationship with Jesus?
- 6. Remember the 3 Steps to learning
 - Know the facts
 - 2. Relate it to their life
 - 3. Personal application
- 7. Remember you are a **guide**, not God.

C. How should you interact with the student in the classroom?

- 1. Get on their eye level, kneel down or pull up a chair.
- 2. Ask questions that allow them to **open** up.
- 3. Listen carefully
- 4. Speak softly—allow limited noise in the classroom
- 5. If conversation turns to very private issues, you may need to go outside the classroom.

D. What am I attempting to accomplish in the counseling?

- 1. I want to point them to <u>Jesus</u> as their real Source of help.
- 2. Don't push for them to give you the "right answers."
- 3. Help them move toward personal application of God's truths.

E. Documenting your counseling in the PSNC classes

- 1. Some of these conversations may be very brief, but if done carefully, you can have a **great** impact in a short time.
- 2. Either make a note on the **Daily Checklist for Teachers**, or write a separate note to follow up on after class is done.
- 3. Even if the issue is not related to the major theme of what they are studying, make a note if a significant issue surfaces in your conversations.
- 4. Put these notes in that student's PSNC class file, and it can be used when you prepare your next contract for that student.

- 5. If the student has another staff assigned as his counselor, you may find it helpful to pass on to that counselor some of these issues that surface in the PSNC classes.
- 6. When going over the student's papers that have come to you for grading, you may find other issues that need to be addressed.

F. Elements of effective counseling

- 1. Teaches the student to depend on God
- 2. Breaks through delusion. Helps people see themselves accurately.
- 3. Identifies problems and hurts from the past that are still affecting them today.
- 4. Helps the person take responsibility for their own responses—past, present & future.
- 5. Helps the person discover God's resolution to past hurts and problems.
- 6. Counselor does **not** make decisions for the person.
- 7. Involves person in community of healing—the body of Christ. James 5:16

For Further Study

How to Be a People Helper, By Gary Collins