11—PSNC Units for growth

| By D | ave Batt | у | | |
|------|---------------------|---|--|--|
| You | r PSNC | car: | | |
| A. | Why use PSNC units? | | | |
| | 1. | We need to provide some basicfor the PSNC educational program for the entire length of the TC program. | | |
| | 2. | Need to be able to meet theneeds of individuals so they will be able to re-enter society ready to face the challenges of daily living. | | |
| | | Units need to be relevant to the lives of the students—this is accomplished through goal setting—focusing on the key areas of their lives. Helps with motivation. | | |
| | 3. | The "Honeymoon effect" wears off. | | |
| | 4. | Students have a problem with time. How soon can I get out of here? How many more lessons do I have to do? How long do I have to get this lesson done? | | |
| | | A. Students need to have a sense of accomplishment and progress | | |
| | | B. Teachers need to help them focus on growth—not "doing time." | | |
| | | Change their attitude to say—I want to grow this week. | | |
| | 5. | Providesfor different students. | | |
| | | academic levels | | |
| | | needs | | |
| | | interests | | |
| | | religious backgrounds | | |
| | 6. | Complements your counseling ministry | | |

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B. How do the units fit into the PSNC?

| 1. | We have divided this whole program into major building blocks which we call "units for growth" | | | | |
|----|---|--|--|--|--|
| 2. | Each unit takesweeks to complete. | | | | |
| 3. | Each unit has atheme, as well as one or more minor themes | | | | |
| | The major theme from one unit to the next is quite different so the student has the feeling they are moving on to something different than what they just finished. | | | | |
| 4. | Each unit has basic required materials and also electives | | | | |
| 5. | The student will be assigned 6 different types of studies: | | | | |
| | a. Bible Studies, PSNC lessons b. Scripture memory work c. Character qualities d. Bible reading e. Books, tapes, CDs, DVDs, tracts, magazine articles f. Other special projects or electives | | | | |
| | Even though students may be working on the same unit, they may be assignedlessons or books, based on their individual needs. | | | | |
| 6. | A student learning contract is written for each student for each unit of growth. | | | | |
| | The next work shop will provide more detail on this. In the first contracts, the teacher does most of the work in writing the contracts. As the student goes through the program, the student takes a greater role in writing the contract. Teacher becomes more of an advisor than a director. | | | | |
| 7. | At the end of the unit, the student is awarded a certificate of achievement. | | | | |
| | When a student finishes their work for each unit, they will complete an evaluation report explaining what they learned from their work on this unit. Not just content | | | | |

mastery, but personal application progress.

Student needs to learn how to evaluate their growth.

In our PSNC store we need resources to use in the contracts for each Unit



C. Overview of Units 1-5

- 1. Salvation
- 2. Self Image
- 3. Spiritual Growth
- 4. Family Relationships
- 5. Work and Responsibility

D. Optional special units

- 1. Committed to Freedom—deals with sexual abuse
- 2. Personal growth
- 3. Relapse and return to Teen Challenge

Plan for units for months 5-12

A sample list is available with topics for the units for 12 months or more

See pages 6-9

E. Unit 1 Salvation

- 1. Unit One is different from all the others.
 - --You can work with a list of required lessons, verses, character qualities, etc.
 - --This will be basically the same list for all new students.
- 2. For your own benefit, you can create a list of the materials that must be covered in Unit One. We do <u>not</u> recommend giving this list to the student in the first two weeks.
- 3. Start with Project 301 to get to know the student.
- 4. Is a reading test needed?
- PSNC Lessons will be from the 100 series
- 6. Introduce Students to the PSNC **
 - Lessons
 - Scripture Memorization Class
 - Bible Reading Class
 - Personal Reading Class
 - Character Qualities Class
 - **-Explain purpose of lessons to student

Planning for Growth

In the next session will we talk more about the specific steps of writing Student Learning Contracts.

Another important concept for the teacher to understand is the timing of the units. There are some issues that need to be addressed in the first few months of a student in TC. There are other topics that can wait until months later. However, some issues need to be addressed before the last couple months, when they are more receptive to change in that area. Other issues need to wait until a foundation of living for Jesus has been established.

PSNC UNIT ONE

| Student: | Entry date: | | | |
|---|--------------------------|-------------------|--------------|--|
| <u>LESSONS</u> | DATE <u>STARTED</u> | DATE COMPLETED | <u>GRADE</u> | |
| 301 "I'm Here!"* | i | | | |
| 101 "Does God Have Plans For My World?" | | | | |
| 102 "A New Look at Life" | V | - | | |
| One of the following (if needed) as determined by Lesson 102: 103, 104, 105, (circle one) | | | , | |
| 106 "Now That I'm a Christian" | - | | - | |
| 108 "Who is God?" | - | | | |
| CHARACTER QUALITIES: 1-2 min Read Student Manual | <u> </u> | | = | |
| SCRIPTURE MEMORIZATION Class Read Student Manual | <u>s: (</u> 2 verses mir | 1.) | | |
| PERSONAL READING CLASS (1 b The Cross & The Switchblade Run Baby Run | ook min.) | | | |

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Overview of 5-12 Month Classes

Personal Studies for New Christians Units Advanced Group Classes PSNC Electives

First Draft 9-1982 Created by Dave Batty and Christi Peterson

This overview lists only the titles of the units and classes suggested for each month. A companion Resource List is available from the Teen Challenge International, USA Curriculum office. This Resource List gives books, tapes, and other materials available in English for each of the courses listed for months 5-12.

We recommend you create a list of resources that could be used in teaching each of these courses.

Month 5 - Intermediate

PSNC Units – 5

- 1. Work and Responsibility
- **2.** Restoring Family Relationships
- **3.** Friendships
- **4.** Life of Christ/Gospels

Group Classes – 5

- **1.** Personal Devotions, Prayer, & Meditation
- **2.** Care-fronting (caring enough to confront)

Month 6 – Intermediate

PSNC Units – 6

- 1. Opposite Sex Relationships
- **2.** Submission to Authority
- 3. Success
- **4.** Lordship of Christ

Group Classes – 6

- 1. Inductive Bible Study
- **2.** Emotions

Month 7 – Intermediate

PSNC Units – 7

- **1.** Self Image (building a positive attitude toward self)
- **2.** Character of God
- **3.** Modesty
- 4. Faith

Group Classes – 7

- **1.** Holy Spirit 1
- **2.** Personal Evangelism

Month 8 – Maturing

PSNC Units – 8

- **1.** Peer Pressure
- 2. New Testament Survey, or Letters & Life of Paul
- **3.** Coping Skills
- **4.** Success (motivation, goal setting)
- **5.** Authority of the Bible

Group Classes – 8

- 1. Doctrine
- **2.** Christian Home

Month 9 – Maturing

PSNC Units – 9

- 1. Submission to God and Spiritual Leaders (discipleship)
- 2. Old Testament Survey, or a Bible book study
- **3.** Stewardship (time, money, talents)
- **4.** Changing thought patterns

Group Classes – 9

- 1. Cults
- **2.** Christian Ethics
- 3. Holy Spirit II

Month 10 – Maturing (Preparing for Re-entry)

PSNC Units – 10

- **1.** Self Image
- **2.** Faith vs. Presumption
- **3.** Proverbs (self study paper on different kinds of people in that book)
- **4.** God's Will
- **5.** Bible Character Sketch

Group Classes – 10

- 1. Current Moral Issues
- **2.** Church Relations

Month 11 – Reentry

PSNC Units – 11

- 1. How to cope with frustrations, conflicts, & adversities
- **2.** Money Management
- 3. Self Discipline
- **4.** Career Planning

Group Classes – 11

- **1.** Money Management
- **2.** Personal Problems (problem solving techniques)
- **3.** Home Economics (women only) cooking, house cleaning and decorating, hostess, laundry
- 4. Job Skills

Month 12 – Re-entry

PSNC Units – 12

- **1.** Ministry of helping others
- **2.** How to cope with Frustrations, Conflicts, and Adversities
- **3.** Temptation & Failure

Group Classes – 12

- **1.** How to handle change
- **2.** Christian Women's Role in Church, Society, & Home (In men's centers, this course will deal with men's role.)
- **3.** Christianity vs. Humanism

Personal Studies for New Christians Elective Units

- 1. Being a Phony
- 2. Christian Husband/Wife Relations
- 3. Christian View of Death
- 4. Deeper Repentance
- 5. Healing of Memories
- 6. How to Overcome Bitterness
- 7. Loneliness
- 8. Masturbation
- 9. Overcoming Worry & Anxiety
- 10. Raising Your Children
- 11. Resolving Conflicts from the Past (physical abuse, rape, incest, child abuse)

For additional information on these courses, contact:

Global Teen Challenge PO Box 511 Columbus, GA 31902 USA Email: gtc@globaltc.org